

CRITERIA 7 - INSTITUTIONAL VALUES AND BEST PRACTICES


7.2 BEST PRACTICES

7.2.1 Describe two best practices successfully implemented by the institution as per NAAC format provided in the manual.

Index for Supporting Documents

S. No.	Particulars	Page No.
1	Best Practices 1 – Ideation, Innovation and Incubation	
a	List of Projects and Grants secured	1 - 3
b	Research Infrastructure at Padmashree Institute of Management and Sciences	4 - 6
c	List of Patents	7
d	List of Research publications in 2021-22	8 - 9
e	Research extension activities	10 - 18
f	List of Products and Innovation	19
g	List of Awards and Recognition	20 - 21
2	Best Practices 2 – Health for all through Nature, Nutrition and Nutraceutical practices	22 - 24
a	Van Mahotsava Day celebration	25
b	World Environment Day	26 - 32
c	Awareness on Protection of Ozone layer	33 - 35
d	Eco week celebration	36 - 38
e	Swacch Campus Abhiyaan	39 - 46
f	Swacch Bharath Abhiyaan	47 - 51
g	Two day Nature camp	52 - 54
h	Awareness program on Air and Water pollution	55 - 58
i	Awareness on Single use plastic and household waste management	59 - 63
j	Webinar on Sustainable Waste Management	64 - 67
k	Nutrition counselling in Medical camp	68 - 70
l	World Breastfeeding week	71 - 76
m	National Nutrition Week	77 - 90
n	World Food day	91 - 99
o	Food adulteration and labelling: Consumer awareness	100 - 107
p	Free diet counselling and diet plan for COVID patient	108 - 109
q	Nutrition Assessment and Nutrition education at school	110 - 111
r	Anaemia awareness program	112 - 114
s	Community awareness program on Healthy cooking practices	115 - 116
t	Nutrition counselling community outreach program	117 - 119
u	List of students projects based on Nutrition and Nutraceuticals	120
v	The Nutraceutical World – Webinar series	121 - 127
w	The Nutraceutical World – National seminar	128 - 135




Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

7.2 BEST PRACTICES 1

Ideation, innovation, and incubation: Nurturing a thriving research and innovation culture.

List of Projects and Grants Secured by Padmashree Institute of Management And Sciences

Research projects

Name of the Project/ Endowments, Chairs	Name of the Principal Investigator	Amount Sanctioned Rs.	Name of the Funding Agency
Cost effective study for micropropagation of <i>Leptadenia reticulata</i> to make it feasible for commercial supply of elite germplasm for farmers.	Dr. Anuradha M.	7,00,000.00	National Medicinal Plants Board - I
Isolation and characterisation of pregnane glycoside from <i>Caralluma fimbriata</i>	Dr. Anuradha M.	40,000.00	Sanat Products Pvt. Ltd.,
“Tissue culture and conventional propagation of <i>Nothapodytes foetida</i> for large-scale supply of quality saplings and comparative study with <i>Camphotheca acuminata</i> ”	Dr. Anuradha M.	25,00,000.00	National Medicinal Plants Board - II
Application, replication, scientific validation and scale-up of the patented formula that can enhance the micronutrients in the staple food and its utilization towards improved nutritional and financial status of selected semi-rural poor woman of selected revenue villages of Kengeri, Hobli, Bangalore	Dr. Anuradha M.	13,42,000.00	Women and Nutrition (DST), GOI
Finding an economical and reliable source for production of anti-thrombotic and fibrinolytic agent, its economical purification and testing of efficacy <i>in vitro</i> and <i>in vivo</i> model for thrombolytic therapy	Dr. Sudipta Kumar Mohanty	4,00,000.00	VGST - SMYSR, Government of Karnataka
National Post-Doctoral fellowship (N-PDF)	Dr. Preenon Bagchi	19,20,000.00	SERB
Science & Engineering Research Board (PDF)	Dr. Preenon Bagchi	19,20,000.00	Science & Engineering Research Board
Biotechnology Skill Enhancement Program (BiSEP)	Dr. Anuradha M.	1,00,00,000.00	Department of IT-BT, Science and Technology, Government of Karnataka
Utilization of silkworm waste for poultry and fish feed production technology optimization and transfer to silk farmers	Dr. Umalatha	37,00,000.00	WOS-B, DST, Government of India

Bio-prospecting of chicken feather waste as source of bioactive peptides and bioactive compounds: a novel strategy for feather waste management	Dr. Sudipta Kumar Mohanty	7,500.00	Karnataka State Council for Science and Technology
R&D consultant	Dr. Anuradha M.	3,50,000.00	N Ranga Rao Sons Pvt Ltd (NESSO)

Infrastructure projects

Name of the Project/ Endowments, Chairs	Name of the Principal Investigator	Amount Sanctioned Rs.	Name of the Funding Agency
Establishment of Biotechnology Finishing School	Dr. Anuradha M.	1,00,00,000.00	KBITS - BTFS
Establishing advanced research and training facility for phytochemicals	Dr. Anuradha M.	40,00,000.00	VGST, K-FIST Level II, Government of Karnataka
To Strengthen research facilities in all science departments of the college	Dr. Anuradha M.	30,00,000.00	DST, FIST. Government of Karnataka

Student projects

Name of the Project/ Endowments, Chairs	Name of the Principal Investigator	Amount Sanctioned Rs.	Name of the Funding Agency
Identifying the mutagenicity of various commercially available hair dyes and hair colours	Ms. Julia Thomas Ms. Santwana D. Mentor: Ms. Rekha L.	30,000.00	VGST, Dept. of IT&BT, GOK
Phytochemical and antibacterial analysis of leaf extracts of <i>Euphorbia neriiifolia</i>	Mr. Neeraj Pokharen Mr. Santosh Dahal Mentor: M. Kumara Swamy	30,000.00	VGST, Dept. of IT&BT, GOK
Phytochemical and antifungal evaluation of Castor plant leaves (<i>Ricinus communis L.</i>)-	Ms. Gurmeet Kaur Ms. Geeta Devi Mentor: Dr. Ravikumar H.N.	30,000.00	VGST, Dept. of IT&BT, GOK
Evaluation of Biodiesel production from microalgae collected from fresh water habitats	Mr. Sudeep Shah Mentor: Mr. Lokesh P.	30,000.00	VGST, Dept. of IT&BT, GOK
Endophytic Fungi from <i>Camptotheca Acuminata</i> as a potential source of Camptothecin - An Anticancer Agent	1. Kalisa Amarsingh Bogati 2. Laipubam Bhaskar Sharma	30,000.00	VGST SPiCE Project - 2014-15
VGST - TRIPS Project	1. Kiran Thapa 2. Rajat Revankar	40,000.00	VGST - TRIPS Project
Extraction of protein from deslaked pupae for human consumption	Dr. Anuradha M.& Dr. Umalatha	8,000.00	Karnataka State Council for Science and Technology

Optimizing the process parameters for the food packaging material derived from freshwater fish (cycloid) scales	Mrs. Seba T. Jiso Thomas & Dr. Saradha Devi M.S	8,000.00	Karnataka State Council for Science and Technology
Production of bioactive molecules from agro-industrial waste.	Dr. Mallikarjuna Gowda K. G. Dr. Preenon Bagchi	7,000.00	Karnataka State Council for Science and Technology
Isolation and characterization of potential microflora to enhance conversation of kitchen waste to biofertilizer	Dr. Indu B.K. Dr. Sudipta Kumar Mohanty	10,000.00	Karnataka State Council for Science and Technology
Synthesis of biodegradable empty drug capsule shells from fruit waste	Dr. Umalatha Dr. Nagamani J.E.	10,000.00	Karnataka State Council for Science and Technology
Designing and development of bio-air purifier using bio waste	Dr. Nethra Subramanya	10,000.00	Karnataka State Council for Science and Technology
The development of nutraceuticals enriched food product by using processed technologies of Proso-millet for better covid-19 patients.	Ms. Rani S. Byadagi	10,000.00	Karnataka State Council for Science and Technology
Natural antioxidants used to reduce rancidity in oils	Mrs. Subbalakshmi G. Dr. Saradha Devi M. S.	10,000.00	Karnataka State Council for Science and Technology
Development of a multilayer packaging material using jackfruit waste	Dr. Umalatha Ms. Alice Preethi	10,000.00	Karnataka State Council for Science and Technology



Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Research Infrastructure

An exclusive research wing is established with high end equipment such as High-performance liquid chromatography, Atomic Absorption Spectroscopy(AAS), Gas Chromatography(GC), Fast Protein Liquid Chromatography(FPLC), Nano drop spectrophotometer, UV spectrophotometer, BOD incubator, Fermenter, Florescent microscope.

List of Research labs at Padmashree Institute of Management and Sciences

S. No.	Facility
1	Animal cell culture laboratory
2	Proximate laboratory
3	QC Biochemistry laboratory
4	Phytochemistry laboratory
5	Research laboratory
6	Plant tissue culture laboratory
7	Molecular Biology laboratory
8	Food Sensory laboratory
9	QC Microbiology laboratory
10	Central instrumentation laboratory
11	GC & AAS laboratory
12	Food processing laboratory

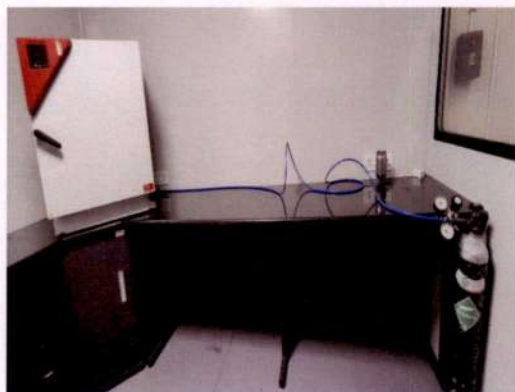


Anuradha M

Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

7.2 BEST PRACTICES
Research Infrastructure

Animal cell culture laboratory



Proximate laboratory



QC Biochemistry laboratory



Phytochemistry laboratory









Research laboratory



Plant tissue culture laboratory



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Dr. Anuradha. M
Principal
Padmashree Institute of

<p>Molecular Biology laboratory</p>	<p>Food Sensory laboratory</p>
	
<p>QC Microbiology laboratory</p>	<p>Central instrumentation laboratory</p>
	
<p>GC & AAS laboratory</p>	<p>Food processing laboratory</p>
	



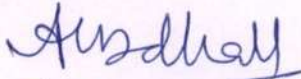
Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

LIST OF PATENTS

List of patents granted

- US Patent No. 9565804 - Enhancing secondary metabolites and nutrients in plants and plant parts.
Inventors: M. Anuradha and S. Balasubramanya
- Indian Patent No. 373689 - Post-harvesting techniques for enhancing nutrients and phytochemicals in plant/plant parts. Inventors: M. Anuradha and S. Balasubramanya
- Indian Patent No. 391963 - Method, system, and apparatus for growing and extracting plant and/or plant parts for enhanced benefits. Inventors: M. Anuradha and S. Balasubramanya
- Indian Patent No. 406599 - Enhancing secondary metabolites and nutrients in plants and plant parts.
Inventors: M. Anuradha and S. Balasubramanya
- Indian Patent No. 417240 - Techniques for enhancing nutrients and phytochemicals in plant/plant parts.
Inventors: M. Anuradha and S. Balasubramanya



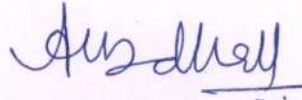

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Research Publications in International and National Journals (2021-22)

- Gangadhar Barlaya, **Harish Umalatha**, Ganesh Hegde, Banahalli Sriramreddy, Ananda Kumar, Channaveer Huchchappa Raghavendra, Growth performance, carcass composition, and digestive enzyme activity of *Labeo fimbriatus* in tanks provided with feed and periphyton substrate in two orientations, Journal of Applied Aquaculture, 2021, doi: 10.1080/10454438.2021.1957054.
- Gangadhar Barlaya, **Umalatha Harish**, Ganesh Hegde, Sweta Pradhan, An account of periphyton, plankton and water quality in *Labeo fimbriatus* culture tanks provided with feed and sugarcane bagasse as periphyton substrate in two orientations, Aquaculture Research, Wiley, 2021, doi.org/10.1111/are.15525.
- Gangadhar B, **Umalatha H**, Hemaprasanth K, Apparent digestibility of dried azolla powder incorporated diets in rohu *Labeo rohita* (Hamilton, 1822), Indian Journal of Fisheries, 2021 64(4):153-156
- **Rashmi D**, Antimicrobial activity of florets of *musa acuminata* against *escherichia Coli*, *pseudomonas* and *bacillus*, International Journal of Recent Scientific Research, 2021, ISSN: 0976-3031
- **Rashmi D**, Study On Proteolytic Enzyme From Probiotic Non Lactic Acid Bacteria Isolated From Sheep Milk, International Journal Of Public Mental Health And Neurosciences, 2021, ISSN: 2394-4668, 2(8)
- Yamuna G, Anooj, Roopika K, Sabitha Ran, **Rashmi D**, Studies on Screening of Paint Degrading Microorganisms Isolated from Wall Scrapings, Asian Journal of Applied Science and Technology, 2021, 5 (3), 126-137.
- **Krupa J**, Studies on Carotol Rich Essential Oil From Wild *Cymbopogon martini* (Roxb.) Watson, Mysore Journal of agricultural Science, 2021, ISSN: 0047-8539.
- **Nethra S**, Tayyaba ahamad, Shreelakshmi sanjay, Genotoxic impact of carcinogenic and natural feed on lifecycle of *Drosophila melanogaster*-a qualitative study, International Journal Of Public Mental Health And Neurosciences, 2021, ISSN: 2394-4668, 2(8).
- **Nethra S**, Study of dermatoglyphic patterns and its relation to Intelligence quotient in *Homo sapiens*, International Journal Of Public Mental Health And Neurosciences, 2021, ISSN: 2394-4668, 2(8).
- **Hemalatha J**, Chemical Diversity in the essential oil of wild *cymbopogon giganteus* (Chiov.), Mysore Journal of agricultural Science, 2021, ISSN: 0047-8539.
- **Hemalatha J**, Studies on Carotol rich essential oil from wild *cymbopogon martini* (Roxb.) watson, Mysore Journal of agricultural Science, 2021, ISSN: 0047-8539.
- **Hemalatha J**, Studies on terpenoid compounds in the essential oil of wild *cymbopogon martini* (Roxb.) watson, International Journal of Botany studies, 2021, ISSN: 2455-541X,
- **Hemalatha J**, Vinutha Marigowda, Kunigal Jagadishchandra, Thara Saraswathi, Secondary Metabolite production and terpenoid biosynthesis in Endophytic Fungi *cladosporium cladosporioides* isolated from wild *cymbopogon martini* (Roxb.) watson, Microbiology research, 2021, 12(4), 812-828.

- **Hemalatha Jayaram**, Exploration and characterization of wild cymbopogon martini (Roxb.) watson, The Mysore Journal of Agricultural Science, 2021, ISSN: 0047-8539.
- **Nagamani JE**, Supriya B, Hypoacidic activity of the herbal extract; A study on the inhibition of parietal cell K⁺/H⁺ ATPase pump, International Journal of Pharmaceutical Sciences and Research, 2021, ISSN: 0975-8232; 12(2): 1173-1176.
- **Nagamani JE**, Usha, In vitro study on protease and thrombolytic activity of aqueous extract from *Leucas aspera*(l.) leaves, International Journal of Pharmacy and Pharmaceutical Sciences, 2021, ISSN 2656-0097;13(7), 73-76.
- **Rajini balaji**, Karthik P, A Study on factors leading to Gradual weakening of Paper currency usage in India, Shanlax International Journal of Arts, science, and Humanities, 2021, ISSN 2321-788x.
- **Nethra Subramanya**, Comparative analysis of pollination efficiency in stingless bee, tetragonula irridipennis and honey bee, apis cerana indica using foraging speed, a qualitative parameter, Journal of Research & Development, 2022, ISSN: 2230-9578.
- **Sheethal H. V**, Baruah Chandrama, Subhash Kalpuri, Ananthan Rajendran, Longvah T, Insights of Nutritional and Anti-nutritional Retention in Traditionally Processed Millets, Frontiers in sustainable food system, 2022, ISSN 2571-581X, 5.
- **Anuradha M, Indu BK**, In silico identification of potential inhibitors from centella asiatica against papain like protease of SARS-COV-2, International Journal of Current Science, 2022, ISSN: 2250-1770.
- Barlaya, G., **Harish Umalatha**, Hegde, G, Growth, digestive enzyme activities, and carcass composition of fringe-lipped carp (*Labeo fimbriatus*) and catla (*Catla catla*) held in polyculture in tanks with sugarcane bagasse as periphyton substrate, Aquacult Int, 2022, 30, 3213–3228.




Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

RESEARCH EXTENSION ACTIVITIES

This project, funded by the Department of Science and Technology's Women and Nutrition scheme, aimed to improve the nutritional and financial status of semi-rural poor women in selected villages in Kengeri, Hobli, Bangalore. Awareness programs and extension activities were organized, and more than 300 beneficiaries participated. The project included a survey on the health status and a health camp conducted in collaboration with Padmashree Diagnostics in Bengaluru.

List of beneficiaries

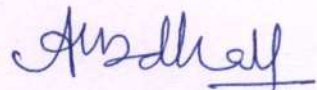
S. No.	Name	Address	Telephone No.
1	Sarojamma	Thindlu	9611447446
2	Rajalakshmi P.S.	Yelanpura	9620301287
3	Chikkadevamma	# 163, 2nd Main road, Saddapaji Temple	7760494499
4	Lalitha	# 3, MMC Lane, 3rd cross, RT street , Bangalore	8105324177
5	Priya	#138, 4th cross, 2nd main, Prakashnagar, Bangalore	805077677
6	Bindhushree	# 12, Jaishree Nagar, Kurubarahalli	9980233942
7	Nirmala	# 34AA, 6th cross, Gayathrinagar, Bangalore 560021	9964557884
8	Nagarathnama	Swasanthanagara, Srirampura, Bangalore - 560021	8105839199
9	Mahadeva Shetty	Swasanthanagara, Srirampura, Bangalore - 560021	8105037421
10	L. Soumya	# 50, 25th cross, Kilari Road, Bangalore 560003	9880694925
11	Ninnaggama	-	8970935240
12	Rajjama	-	9844530508
13	Venkateshan	#135/4, 6th Main, 4th cross, Prakash Nagar, Bangalore 560021	7795953120
14	Vinod. K.	#15,25th cross, Kilari road, Bangalore 560053	850097824
15	Nagamma	Nanjappa Block, Kempegowda nagar	9945042335
16	Savithamma	#273/C, 2nd cross, 2nd Main road, Prakashnagar, Bangalore	9036040860
17	Ananad. H.	# 13/3, 2nd Cross, Malleswaram, Bangalore -03	8904113717
18	Lakksmana Murthy	#12, 21st cross, Malgala Village, 2nd Stage, Bangalore	9035563675
19	Kokila. S.	# 113, 13th cross, Yellanpuram, Bangalore 560021	8792264559
20	Srinivasa. V.	#5/4, Malgala, Nagarbavi 2nd Stage, Bangalore	7259059330
21	Venkataramana Raju	3rd Main, Kilari Road, Bangalore - 560056	9844406362
22	Krishna. H.	# 12, Jaishree Nagar, Kurubarahalli	9980233942
23	Raju	# 3558, 7th cross, Gayithri Nagar	9663771643
24	Ravi Kiran S.	Kurubarahalli	9686001198
25	Shobha N.	# 244, Akkipete Main Road	9964461966
26	Jayalakshmi	# 78, 2nd main road, Ramachandrapuram 560021	9060475529
27	Vijayalakshmi	6020, Devayapark Bangalore	9844986202
28	R. Rangaraju	# 8, Magadi Road, Bangalore 560023	988084620
29	Parvathi. A.	# 8, Magadi Road, Bangalore 560023	9880846270

30	Shobha. P.	Kamashipalya, Vrushabavathi Nagar	810566468
31	Roopa	#3534, 1st Cross, Gayathrinagar, Bangalore 560021	9066666643
32	Shashikala. P.	#11, 2nd cross, Chikpet, Bangalore 560053	7204453495
33	Suma V. Raju	3rd Main, Kilari Road, Bangalore - 560056	9964999644
34	Geetha	# 14/1, 4th main 2nd cross, Maruthi Layout, Bangalore	9880095592
35	Nagaratha K.	# 89, 4th main road, Basaveshwanagar Bangalore	8095948845
36	Ramesha	#293, Bangalore 560021	9036160840
36	Shanthalakshmi	#293, Prakashnagar, Bangalore 560021	9686526347
37	Joythi	-	9900226357
38	Gawamma	#3, NMC lane, 3rd cross, RT Street, Bangalore 560053	8105324177
39	Padmashree. S.	#53, 2nd main road, Ramachandrapuram, Bangalore 21	7829252794
40	Pavitra. S.	#53, 2nd main road, Ramachandrapuram, Bangalore 21	7829252794
41	Lakshamma	Magadi Road, Dasarahalli, 10th Cross	9845780901
42	Shobha Shirali	#49, 5th cross, Srirampura, Bangalore 560029	9611220140
43	Vijayalakshmi	#278/65, 2nd main, 9th cross, Prakashnagar	8147549662
44	Nagaratamma	-	8147549662
45	Radhamma	#53, 2nd main, Ramachandrapuram, Bangalore 560021	7829252794
46	Shivvana	#3470, 7th cross, Gayathrinagar	9739848659
47	Manjula. D.	#278/65, 2nd main, 9th cross, Prakashnagar, Bangalore	9900577325
48	Lalithamma	Gayathrinagar	9945067665
49	Praveen Kumar	Chikkabanawara	8431511077
50	Madevi	#3470, 6th cross Gayathrinagar,	8546919819
51	Chandrika	Chikkabanawara, Ragavendra Layout	8431511077
52	G. Manjula	#3443, Gayathri Nahar,	9739070193
53	Bhanu J,	#10/72, Mount Senoria School, FF colony, Laggere Bangalore 560058	7795592604
54	Netra	-	9844986202
55	Savitramma	-	-
56	Manjula	-	7760749982
57	Mangalamma	#3470, 7th cross, Gayathrinagar	9739848659
58	Bhanumathi	Lakshminarayanapura, 5th cross, 5th main	9531631311
59	Gannamurthi	# 40/1, 5th cross, 5th main, LN Puram - 560021	9945095690
60	Seethalakshmi	Lakshminarayanapura, 5th cross, 5th main	9538677704
61	Neela	# 114, 13th cross, LN Puram, Bangalore 560021	9845709620
62	C. Vijayalakshmi	#1016/5, 7th cross, 10th main road prakashnagar, Bangalore	9740848367
63	Barathi K.	# 114, 13th cross, LN Puram, Bangalore 560021	9141602483
64	Bhanu. J.	#10/72 FF Colony Laggerre, Bangalore 560058	7795592604
65	G. Mungala	Gayathri Nagar	9739070193
66	Chandrika	Chikkabanawara, Ragavendra Nagar	8431511077

Program Summary

The project was funded by the Department of Science and Technology's Women and Nutrition scheme and aimed to improve the nutritional and financial status of semi-rural poor women in selected villages in Kengeri Hobli, Bangalore. Awareness programs were organized and over 300 beneficiaries attended. The programs included a questionnaire that was developed with the help of nutritionists and dieticians, which collected data on the health status of the beneficiaries. To further understand their health status, Padmashree Diagnostics in Bengaluru conducted tests on the HB and blood sugar levels of the participants. The project aimed to provide these women with the tools and resources they need to enhance their nutritional and financial well-being.




Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Presentation of Women and Nutrition outreach program

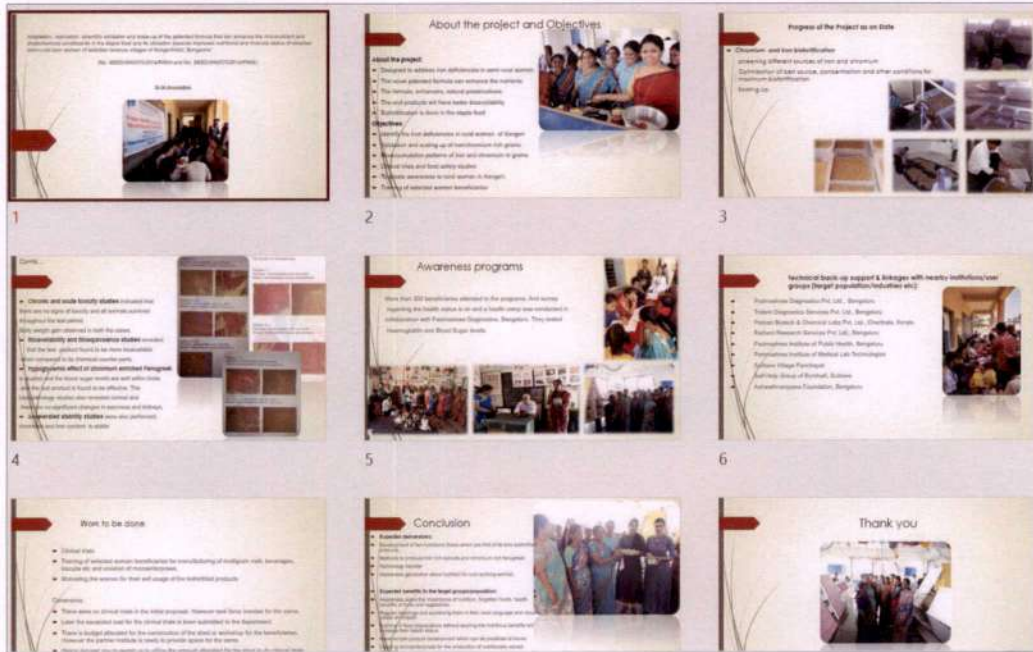


Photo gallery of Women and Nutrition outreach program



Anuradha M
Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences



Student volunteers collecting the health and nutrition data from the women

TRAINING PROGRAMS ON

**UTILIZATION OF SILK WORM PUPAE FOR THE DEVELOPMENT OF FISH AND
POULTRY FEED**



PADMASHREE
INSTITUTE OF MANAGEMENT
AND SCIENCES



विज्ञान एवं प्रौद्योगिकी विभाग
DEPARTMENT OF
SCIENCE & TECHNOLOGY

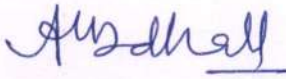
The utilization of silkworm pupae as poultry and fish feed

ರೇಷ್ಮೆ ಹುಳು ಪ್ಯೂಪೆ ತ್ಯಾಜ್ಯವನ್ನು ಕೋಳಿ
ಮತ್ತು ಮೀನು ಆಹಾರವಾಗಿ ಬಳಸುವುದು

Supported by DST-New Delhi
ಡಿಎಸ್ಟಿ-ನವದೆಹಲಿಯಿಂದ ಬೆಂಬಲಿತವಾಗಿದೆ

Padmashree Institute of Management and Sciences,
Kommaghatta, Kengeri, Bangalore
ಪದ್ಮಶ್ರೀ ಇನ್ಸ್ಟಿಟ್ಯೂಟ್ ಆಫ್ ಮ್ಯಾನೇಜ್‌ಮೆಂಟ್ ಅಂಡ್ ಸೈನ್ಸಸ್,
ಕೊಮ್ಮಘಟ್ಟ, ಕೆಂಗೇರಿ, ಬೆಂಗಳೂರು




Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Presentation in local language (Kannada)

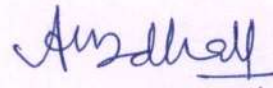


Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Program Summary

Dr. Umalatha conducted an extension training program on the utilization of silkworm pupae for the development of a value-added product for resellers in Ramanagara district as part of a DST project. Ramanagara district is a hub for silk reeling, resulting in a large amount of waste generated from silkworm pupae. The aim of the project was to convert this waste into a valuable product like feed for poultry and fish. The training program was held on January 23 and February 8, 2021, in Thagikuppae Villages of Ramanagara district and demonstrated how to prepare the feed, emphasizing the importance of using the right proportions of ingredients. The importance of this training for the resellers of Ramanagara was also discussed, as unscientific disposal of the silkworm pupae waste can cause environmental hazards and a foul odor, leading to a lower market price for the unprocessed pupae. By using the waste to make nutritional feed for fish and poultry, the resellers could improve their income.




Dr. Anuradha. M
Principal
Padmashree Institute of
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PROGRAMS CONDUCTED AT CHIKKAMUNAVADI, RAMANAGARA DISTRICT

Dr. Umalatha conducted an extension training program on December 7, 2020 as a part of DST Project to utilize Silkworm pupae waste for the development of a value-added product for resellers in Ramanagara district. The waste was used to make feed for poultry and fish. The resellers discussed and cleared all doubts about fish feed preparation. The presentation was given in the local language, Kannada and explained the process of making the feed step-by-step, emphasizing the right proportions of ingredients. The fish and poultry feed was made using nutritious silkworm pupae waste.



Umalatha
Dr. Anuradhā. M
Principal
Padmashree Institute of
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**Explaining the importance of utilization of silkworm pupae waste
into value added product**

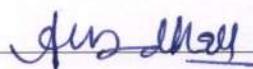


Training and awareness programs on the preparation of feed from silkworm pupae were conducted for farmers in the villages of Ramanagara district on January 23 and February 8, 2021, in Kalya village. These programs aimed to educate the farmers on how to make nutritious feed for their poultry and fish using silkworm pupae waste.



**Explaining the importance of utilization of silkworm pupae waste into value added
product.**




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List of Products and Innovation

Sl. No.	Products/ Innovations
1.	Post-harvest process optimization for the enhanced levels of nutra mineral composition in <i>Gymnema sylvestris</i> – a potent antidiabetic plant
2.	Evaluation of multiple applications of Ginger biofortified with Zinc using novel patented formulation
3.	Protocol optimization for the production of calcium enriched <i>Lactobacillus sporogenes</i>
4.	Investigations on deodorization and taste masking of Spirulina - a potent nutraceutical
5.	<i>Nyctanthes arbortristis</i> L. (Night Jasmine) - A promising and cost effective substitute for Saffron in Food & Cosmetic industry
6.	A novel method of Selenium biofortification in fenugreek and rosemary and their utilization as anti-dandruff Nutra-Cosmeceutical formulation
7.	A holistic nutraceutical solution for iron and zinc malnutrition
8.	Medicinal properties of popped lotus seeds (Phool Makhana) and its utilization in the preparation of nutraceuticals energy bar
9.	Development of methods to reduce sodium salt intake to ameliorate hypertension
10.	Pastrient – A gluten free pasta with added nutraceutical methods
11.	Green synthesis, characterization and antidiabetic evaluation of the glucose tolerant factor (GTF – Chromium) fenugreek nanoparticle
12.	Fermented coconut water – a potent wound healer with skin cell proliferative activity
13.	A novel biodegradable, antioxidant rich chitosan based film for preservation of fruits
14.	Optimization of an instant anti-diabetic health drink supplemented with natural non-calorific sweetener
15.	Nutraceutical red wine: preparation with <i>Garcinia Cambogia</i> – a potent antiobese plant
16.	Anti hypercholesteromic activities of biologically enriched garlic and flax seed extracts
17.	Extraction, nutritional and functional characterization of protein from jack fruit seeds cost effective and nutritive alternative for protein malnutrition

LIST OF AWARDS AND RECOGNITIONS

S.No	List of awards and Recognition
1	Mr. Anooj O and Ms. Roopika V won the third prize for poster presentation at the Bangalore Tech Summit 2018.
2	Ms. Pooja Yadav won the first prize for poster presentation at the Bangalore Tech Summit 2019.
3	Ms. Divya K won the consolation prize for poster presentation at the Bangalore Tech Summit 2019
4	Dr. Umalatha and Dr. M. Anuradha won the second prize for poster presentation at the Bangalore Tech Summit 2020.
5	Mr. Udaya Ravi won the second prize for poster presentation at the Bangalore Tech Summit 2022.
6	Dr. Nethra S won the reviewer excellence award from the Indian Journal of Agricultural Research.
7	Dr. Preenon Bagchi was selected as a post-doctoral fellow at the Institute National de la Santé et de la Recherche Médicale.
8	Dr. Preenon Bagchi received registration and travel support for the 3rd RSU National and International Research Conference (RSUSSH-2018) held in Pathumthani, Thailand
9	Dr. Eranna G was awarded the Dr. APJ Abdul Kalam Lifetime Achievement Award for national outstanding excellence in the field of teaching, research, and publication, by the international institute for social and economic reforms, Bengaluru.
10	Dr. Preenon Bagchi was awarded the National Post-Doctoral Fellowship (N-PDF) from the Science and Engineering Board (SERB) Fund for Science and Engineering Research(FSER), by the Government of India.
11	Dr. Umalatha selected for Women Scientist B project Department of Science and Technology
12	Mrs. Manju Bhargavi O J won the ACS Poster Presentation award at the ICAMR-2019, held at M.S. Ramaiah University of Applied Sciences, Bangalore.
13	Dr. D. V. Sriharsha won the Dr. M. J. Thirumalachar Young Scientist Award - second prize for oral presentation, from the Mycological Society of India, Pondicherry.
14	Chaitra H M won the IWSA's Nanik Gurnani Award for poster presentation from the Indian Women Scientist Association.
15	Dr. Preenon Bagchi received an appreciation message from the Prime Minister of India at the 7th International Conference on Public Mental Health and Neurosciences (ICPMN -2020).

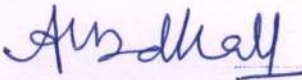


Anuradha

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18.	Novel attempt to reduce attenuation of secondary metabolites production by endophytic fungus
19.	Elicitation of secondary metabolites content along with enhancement of selected micronutrient in soya beans
20.	Production of GTF rich fenugreek extract – a value added nutraceutical
21.	Developing low cost simple kits for training high school students in chromatography
22.	Milk adulteration testing kits to determine the adulterants and adulteration level in milk
23.	Comparative analysis of fecal indicator Bacteria in water and zoo plankton in Zuari estuary
24.	Isolation and characterization of protease enzyme producing micro organisms
25.	Endophytic fungi from <i>Camptotheca accuminata</i> as a potential source of camptothecin - An anti-cancer agent
26.	Bioprospecting of bacterial isolates collected from mangrove sample of Goa
27.	Isolation and characterization of bio-surfactant from <i>Bacillus amyloliquefaciens</i> BS36
28.	Enhancement and extraction of Withanolides from <i>Ashwagandha</i>
29.	Enhancement and extraction of Ursolic acid from <i>Ocimum sanctum</i>
30.	Enhancement and extraction of <i>Glycerrhinic</i> acid and Glabridin from Licorice roots
31.	Enhancement and extraction of forskolin from <i>Coleus forskholli</i>
32.	Testing method for the presence of Disulfuram from Herbal De-Addiction Product (claimed as completely chemical free)




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7.2 BEST PRACTICES 2

Health for all through Nature, Nutrition and Nutraceutical Practices

**VAN MAHOTSAVA DAY
CELEBRATION
ON
1ST JULY, 2018**



7.2 BEST PRACTICES 2
HEALTH FOR ALL THROUGH NATURE, NUTRITION AND
NUTRACEUTICAL PRACTICES

Programs conducted on Environmental Awareness

VAN MAHOTSAVA DAY CELEBRATION- 2018

Title of the program	Vana Mahotsava Day	
Organization committee	Organized by NSS committee, PIMSDr. Anuradha M. Dr. Thammaiah R.B. Mrs. Nethra S Ms. Rajini J Students: MS. Deepika Ms. Ranjitha Mr. DhanajaiahMr. Naveen Mr. Nishanth	
Supported/Sponsored by	NSS Committee, Bangalore University	
Program schedule	1. Informal Welcome speech	3.00 PM
	2. Program Addressal	3.10 PM
	3. Saplings Planting	3.20 PM
	4. Vote of thanks	4.00 PM
Participants	NSS Volunteers Teaching staff- 25 Students - 80	

Program Summary:

Van Mahotsav Day is celebrated every year from 1st July to 7th July to create awareness about the conservation of forest to save the environment.

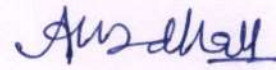
PIMS NSS committee organised Vana Mahotsava Day to make students realize the importance of planting trees and save our planet. The programme commenced with talk by Dr. Anuradha M, the talk was about the importance of Vanamahotsava Day celebration and how it plays an important role in balancing the environment.

The name Vana-Mahotsava means 'The Festival of Trees'. It began after the July 1947 tree planting drive in Delhi heralded by national leaders like Dr Rajendra Prasad and Jawaharlal Nehru participated. She explained how it plays an important role

- To increase production of fruits, which could be added to the potential food resources of the country
- Help create shelter-belts around agricultural fields to increase their productivity
- Provide fodder leaves for cattle to relieve intensity of grazing over reserved forests.
- Boost soil conservation and prevent further deterioration of soil fertility.

After the talk all were instructed to take an oath of saving our forests, and create awareness about the ill effects of deforestation. All the participants and the faculties planted the saplings in the campus to keep our environment in a harmony marking the "Festival of Trees". The students showed great eagerness while planting saplings. They were also enlightened that the "Van Mahotsav Day" is celebrated at the onset of monsoon, because saplings planted during that season shows great survival.

A "Go Green" initiative was started to promote growth of trees to balance eco system in the campus. Many activities were planned where the individual students were asked to plant one sapling and take the responsibility of maintaining it on daily basis, they were also given freedom to study in detail about the beneficial effects of planting that particular sapling and its medicinal uses.



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VAN MAHOTSAVA DAY CELEBRATION



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Principal
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**PLANTING OF SAPLINGS OUTSIDE THE CAMPUS ON THE OCCASION OF
WORLD ENVIRONMENT DAY**





Anuradha

Dr. Anuradha. M
Principal
Padmashree Institute of
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Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Photo Gallery: World Environment Day



Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

PLANTING OF SAPLINGS OUTSIDE THE CAMPUS ON THE OCCASION OF WORLD ENVIRONMENT DAY

Program Details:

Organization committee	Organized by NSS committee, Padmashree Institute of Management and Sciences	
Supported/Sponsored by	NSS Committee, Bangalore University	
Program schedule	1. Informal Inauguration	11.00 AM
	2. Interaction with students	11.10 AM
	3. Vote of thanks	12.30 PM

The world environment day Celebration started with planting of small plants around the campus by students and faculties, later continued by innovative and provoking talk by our beloved principal Dr. Anuradha M, on how to protect our mother nature, what we can do as a thanks giving to mother nature, assigned different activities to students around the campus and encouraged the students to take step to preserve our mother nature.

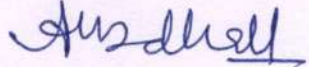
Summary of the Program

The world environment day Celebration started with planting of small plants around the campus by students and faculties, later continued by provoking talk by our beloved principal Dr. Anuradha M, on how to protect our mother nature, what we can do as a thanks giving to mother nature, assigned different activities to students around the campus and encouraged the students to take step to preserve our mother nature.

Students were motivated to plant trees and also come out with different ideas for waste management in the college and college campus, which is one of the major challenges to protect the environment. Few students expressed their views on how can we manage waste generated like food waste, plastic waste, paper waste, how to utilize those waste and also few students expressed their taught on proper disposal of waste.

The environment day was also made special by the faculty members, who came forward to sing a group theme song on "Why and how we have to protect our environment". The event came to an end by taking a oath to protect environment.





Dr. Anuradha. M
 Principal
 Padmashree Institute of
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CELEBRATION OF WORLD ENVIRONMENT DAY

CELEBRATION OF WORLD ENVIRONMENTAL DAY


' LIVING SUSTAINABLY IN HARMONY WITH NATURE '

ORGANISED BY NSS & IQAC




PADMASHREE
INSTITUTE OF MANAGEMENT
AND SCIENCES

03RD - 06 TH JUNE
2022



75
Azadi Ka
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ರಕ್ಷಿಸೋಣ
ವಿಶ್ವ ಪರಿಸರ
ದಿನಾಚರಣೆಯ
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ECO-FRIENDLY ACTIVITIES THEMES:

I. GENERAL THEMES

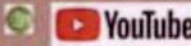
A. MODEL MAKING
B. ART & CRAFT
C. PAINTING (USING VEGETABLE DYES)
D. PLANTS SELLING
E. ANY OTHER ACTIVITY RELATED TO "ENVIRONMENT"

II. WORK BENCH THEMES

A. VERMICOMPOSTING
B. ECO FRIENDLY DISHWASH
C. SEGREGATION OF WASTE
D. JEWELLERY MAKING
E. HYDROPONICS DEMO
F. PAPER BAG MAKING
G. ANY OTHER DEMO ACTIVITY RELATED TO "ENVIRONMENT"

NOTE: DRESS CODE FOR THE DAY IS "GREEN COLOR"

<p>DAY 1 : 03/06/2022 TIME : 10.00 AM - 12.30PM</p>	<p>SWACCH CAMPUS ABHIYAN Students, PIMS</p>
<p>DAY 2 : 04/06/2022 TIME : 10.00AM - 12.30PM</p>	<p>PREPARATION OF ECO-FRIENDLY ACTIVITIES Teachers & Students, PIMS</p>
<p>DAY 3 : 05/06/2022 TIME : 10.00AM - 12.30PM</p>	<p>PREPARATION OF ECO-FRIENDLY ACTIVITIES Teachers & Students, PIMS</p>
<p>DAY 4: 06/06/2022 TIME : 09.30AM - 10.30AM</p>	<p>ENVIRONMENTAL SUSTAINABILITY & RENEWABLE ENERGY. SHAMSUNDAR SUBBARAO Head -CREST, NIE Mysuru.</p>
<p>TIME : 10.30AM -12.30PM</p>	<p>AWARENESS TO SCHOOL CHILDREN : BEYOND CAMPUS</p>

WEBSITE: WWW.PIMS.ORG.IN 

CELEBRATION OF WORLD ENVIRONMENT DAY

Program Schedule

Date	Time	Activity
03-06-2022	10 AM-12.30 PM	Swacch Campus Abhiyan
04-06-2022	10 AM-12.30 PM	Preparation of Eco-friendly Activities
05-06-2022	10 AM-12.30 PM	Preparation of Eco-friendly Activities
06-06-2022	9.30 AM -10.30 AM 10.30AM -12.30PM	Talk by Shri Shamsundar Subbarao on the topic "Environment Sustainability and Renewable energy" Awareness to school children: Beyond campus

Program summary

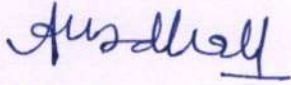
On the eve of World Environment Day, a four-day event was held to promote eco-friendly activities. On day one, a "Swachh Campus Abhiyan" was organized, which involved cleaning the campus to maintain an eco-friendly environment and raise awareness among students about saving the environment.

Days two and three were dedicated to conducting eco-friendly activities such as creating models and crafts using sustainable materials. These creations were later exhibited to school children to create environmental awareness in the community.

On day four, a talk was given by Shri Shamsundar Subbarao on the topic of "Environment Sustainability and Renewable Energy." This was followed by an exhibition of the eco-friendly models and crafts created by the students and staff. The event aimed to raise awareness about the environment among school children and the local community.

The celebration was enjoyed by all, and the participants gained a greater understanding of the importance of protecting the environment.



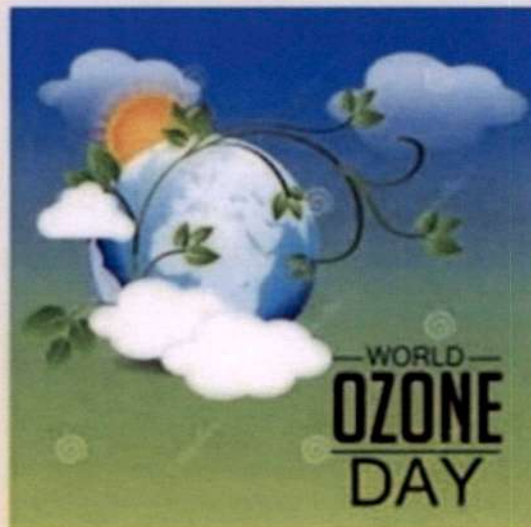

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Awareness on protection of Ozone Layer



PADMASHREE
INSTITUTE OF MANAGEMENT
AND SCIENCES

is organizing



in collaboration with Poornayurdhama

September 16th, 2018

Venue: Seminar Hall, Padmashree

Campus, PIMS

Resource Person:



Dr. Prapulla SG
Rtd. Chief Scientist & Head
CFTRI, Mysore

www.pims.org

Awareness on protection of Ozone Layer

Title	Awareness on protection of Ozone Layer
Event conducted on	16-09- 2018
Resource person	Dr. Prapulla, Former Scientist, CFTRI
Participants	25 Students, 3 faculties of PIMS, 10 outside villagers
Event	World Ozone Day: Extension activity

Program Summary

On account of World Ozone Day, there was an environmental awareness program organized for the students. The session commenced with a scientific talk by Dr. Prafulla, Retd scientist at CFTRI, enlightened students about the importance of the ozone layer and its depletion. The Speaker also emphasized on the various solutions for the protection of ozone layer. All students were given an insight about important causes of the depletion of ozone layer. The session included discussions on the chemicals discharged into the environment are affecting the ozone layer.

As a part of this, an extension activity - Plantation of trees was planned in Poornayurdhama. All the students visited Poornayurdhama and planted trees along with the people of the neighborhood villages around the college. Students extended their willingness to provide an insight about the effectiveness of plants in reducing pollutants that are causing damage to the ozone layer and also discussed measures to prevent pollution.



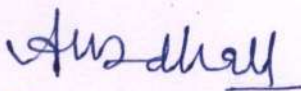
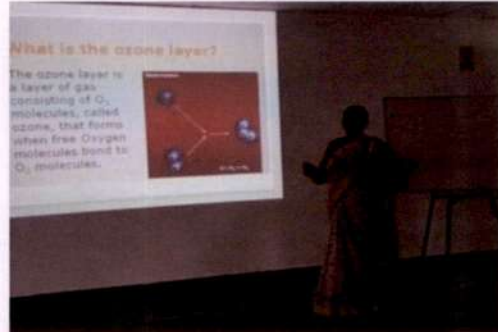

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Photo Gallery: Awareness on protection of Ozone Layer



Anuradha M

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Principal
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Eco week- Environment, Sustainability, Practices and Management - A Key to Conserve

21st-26th February 2022

Venue: Science Block, Padmashree Campus



21ST - 26TH FEBRUARY 2022
AN ECO WEEK ORGANISED BY PIMS

PADMASHREE
INSTITUTE OF MANAGEMENT
AND SCIENCES

**ENVIRONMENT, SUSTAINABILITY,
PRACTICES AND MANAGEMENT-
A KEY TO CONSERVE**

Clean the air. Clean the earth. Clean our bodies
Prevention and protection starts with you

21.02.2022 @ 10:30 Am
Environment Sustainability and Fascinating Ecosystems

22.02.2022 @ 10:30 Am
Climate change and Global warming
DR. NETHRA SUBRAMANYA
Assistant Professor, PIMS, Bengaluru.

21.02.2022 @ 12:00 Pm
Skit on Environmental Awareness
First Year BT M.Sc.
Students, PIMS, Bengaluru.

23.02.2022 @ 10:30 Am
Model making time, Quiz on Environmental Awareness

24.02.2022 @ 10:30 Am
Natural disasters: Risk, Assessment and Management
DR. SANJAY
K.C. General Hospital, Bengaluru.

24.02.2022 @ 11:30 Am
Biodiversity and conservation
PROF. PULLAIAH
Retd. Dean, Faculty of Life Science,
S.K University, Ananthpur

of the life... to life anyway, I had




website: www.pims.org.in



21ST - 26TH FEBRUARY 2022
AN ECO WEEK ORGANISED BY PIMS

PADMASHREE
INSTITUTE OF MANAGEMENT
AND SCIENCES

**ENVIRONMENT, SUSTAINABILITY,
PRACTICES AND MANAGEMENT-
A KEY TO CONSERVE**

Clean the air. Clean the earth. Clean our bodies
Prevention and protection starts with you

25.02.2022 @ 10:30 Am
Environmental communication and public awareness
MS. TEJASWINI
Student, Chikmagalur.

25.02.2022 @ 11:30 Am
Water: The elixir of Life
DR. ANURADHA .M
Principal, PIMS, Bengaluru.

02:00 Pm
Soil-The precious natural resource
DR. SRIDEVI
Department of Botany, Government of Degree College, Ananthpur.

26.02.2022 @ 10:30 Am
Global environmental Policies and Practices
DR. SUDIPTA KUMAR MOHANTY
Vice principal, PIMS, Bengaluru

02:30 Am
Field Activities
Students, PIMS, Bengaluru.

of the life... to life anyway, I had




website: www.pims.org.in

Eco week- Environment, Sustainability, Practices and Management - A Key to Conserve

Program Schedule

Date	Time	Speaker	Topic
21-02-2022	10.30 am	Dr. Nethra Subramanya, PIMS	Environment sustainability and fascinating ecosystems
21-02-2022	12.00pm	Msc Biotechnology I year Students	Skit on Environmental Awareness
22-02-2022	10.30am	Dr. Nethra Subramanya, PIMS	Climate Change and Global Warming
23-02-2022	10.30am	UG first year Students	Model Making, Quiz on Environmental Awareness
24-02-2022	10.30 am	Dr. Sanjay, KC General Hospital	Natural Disasters: Risk, Assessment and Management.
24-02-2022	11.30 am	Prof Pullaiah, S K University	Biodiversity and Conservation
25-02-2022	10.30 am	Ms. Tejaswini, Chikkamagaluru	Environmental Communication and Public Awareness
25-02-2022	11.30 am	Dr. Anuradha M, Principal, PIMS	Water: The Elixir of Life
25-02-2022	2.00 pm	Dr. Sridevi, GDC, Anantapur	Soil-The Precious Natural Resource
26-02-2022	10.30 am	Dr. Sudipta Kumar Mohanty, VP, PIMS	Global Environmental Policies and Practices followed by Field Activities

Program Summary

The Speakers gave insights about the Environment and ecosystems, Biodiversity and Conservation, Natural calamities, Global environmental issues, Environmental communication and public awareness, Policies for the protection of the environment. Information on water and soil conservation was given. A skit on saving environment was played by Msc Biotechnology sem 1 student. The attendees were assigned with group discussions and also participated in quizzes.

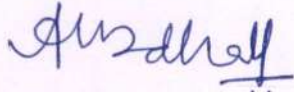


Anuradha M

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 Principal
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**Photo gallery: Eco week- Environment, Sustainability, Practices and Management-A
Key to Conserve**




Dr. Anuradha. M
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World Environmental day

Swacch Campus Abhiyan - Campus cleaning

CELEBRATION OF WORLD ENVIRONMENTAL DAY
' LIVING SUSTAINABLY IN HARMONY WITH NATURE '

ORGANISED BY NSS & IQAC

 **PADMASHREE**
 INSTITUTE OF MANAGEMENT
 AND SCIENCES

03RD - 06 TH JULY
2022


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Azadi Ka
Amrit Mahotsav

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I. GENERAL THEMES

A. MODEL MAKING
 B. ART & CRAFT
 C. PAINTING (USING VEGETABLE DYES)
 D. PLANTS SELLING
 E. ANY OTHER ACTIVITY RELATED TO "ENVIRONMENT"

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DAY 2 : 04/06/2022 TIME : 10.00AM - 12.30PM	PREPARATION OF ECO-FRIENDLY ACTIVITIES Teachers & Students, PIMS
DAY 3 : 05/06/2022 TIME : 10.00AM - 12.30PM	PREPARATION OF ECO-FRIENDLY ACTIVITIES Teachers & Students, PIMS
DAY 4: 06/06/2022 TIME : 09.30AM - 10.30AM	ENVIRONMENTAL SUSTAINABILITY & RENEWABLE ENERGY. SHAMSUNDAR SUBBARAO Head -CREST, NIE Mysuru.
TIME : 10.30AM -12.30PM	AWARENESS TO SCHOOL CHILDREN : BEYOND CAMPUS

WEBSITE: WWW.PIMS.ORG.IN 

World Environmental day
Swachh Campus Abhiyan- Campus cleaning

1	Title of the program	World Environmental day Swachh Campus Abhiyaana - Campus cleaning
2	Date of the program	03-06-2022
3	Organisation committee	Organised by NSS committee, PIMS Dr. Anuradha M. Dr. Thammaiah Mrs. Shruthi A.M. MS. Greeshma Ms. Mahalakshmi
4	Supported/Sponsored by	IQAC Cell, PIMS
5	Participants	NSS Volunteers BSc -105 students
4	Program Schedule	10:00 AM to 12:15 PM: Campus cleaning by the students 12:15 PM to 12:30 PM: Snacks and healthy drinks distribution

Program summary

As a part world environment day, NSS unit of PIMS had organized campus cleaning abhiyaan. Dr. Thammaiah, Programme Coordinator, NSS, PIMS welcomed the gathering. Dr. Thammaiah, along with NSS Program officers, initiated cleaning activities among volunteers. He motivated students towards 'Clean India'. All the NSS volunteers including all the undergraduate students participated very actively in the event. Everyone cleaned the entire campus and collected all the litter in big bags for disposal. Refreshments were distributed to the participants.



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PHOTO GALLERY OF WORLD ENVIRONMENT DAY- 2022
DAY 1 ACTIVITY - SWACHH CAMPUS ABHIYAN



Anuradha

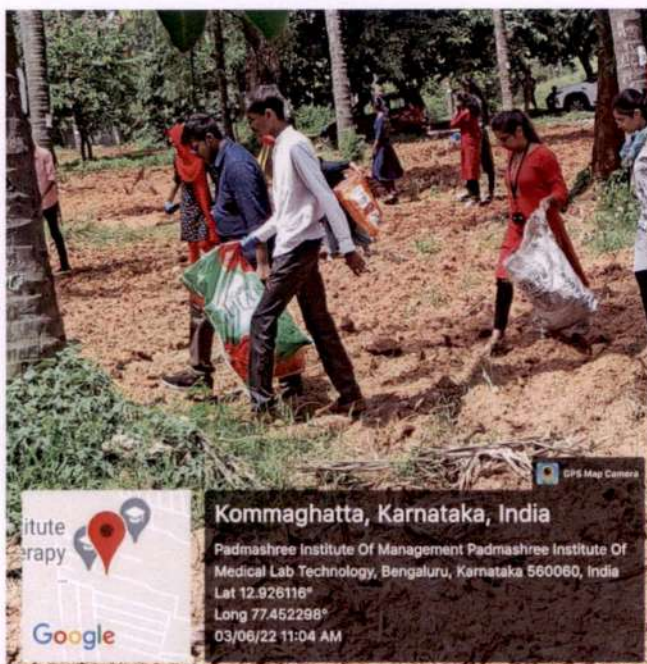
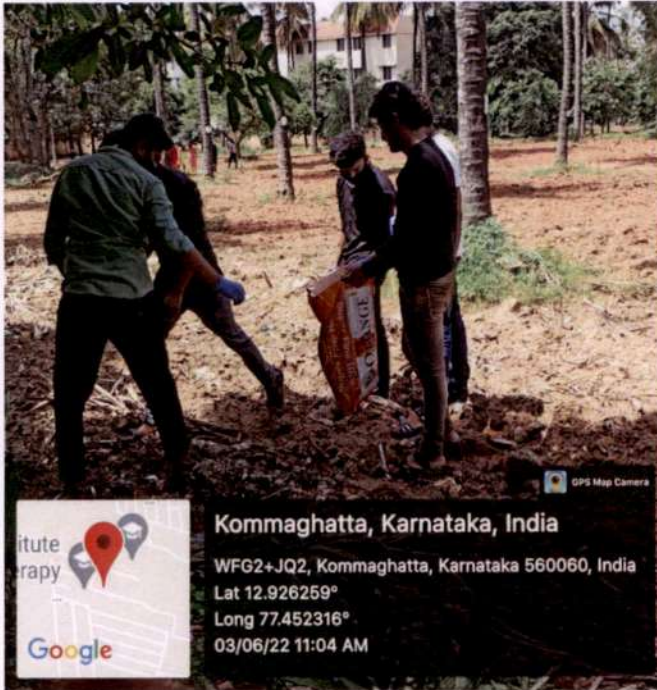


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Management & Sciences

**Photo gallery: World Environmental day
Swachh Campus Abhiyan - Campus cleaning- 2022**



Anuradha

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



DAY 4 - ENVIRONMENTAL SUSTAINABILITY AND RENEWABLE ENERGY



Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Anuradha

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

SWACHH BHARATH ABHIYAAN

Organised by NSS committee, PIMS,
Supported by NSS committee,
Bangalore university

SAVE OUR PLANET

Avoid waste and plastics
Use all the food you buy, and
skip single-use plastics.



SWACCH BHARATH ABHIYAAN – A BEYOND CAMPUS INITIATIVE

27th August, 2018

Title	Swacch Bharath Abhiyaan – A beyond campus initiative
Event conducted on	27-08-2018
Participants	NSS Volunteers, 67 students
Organizing committee	Organized by NSS committee, PIMS Dr. Anuradha M. Dr. Thammaiah R.B Dr. Nethra S. Ms. Rajini J. Student co-ordinators: Ms. Deepika Ms. Ranjitha Mr. Dhanajaiah Mr. Naveen Mr. Nishanth
Event	Extension program

Program schedule

Program	Time
Inauguration	10:00 AM
Welcome Speech	10:10 AM
Key note address	10:15 AM
Cleaning activity in village	10:15-11.30 AM
Refreshment break	11.30-11.45 AM
Continuation of cleaning activity	11.45-12.30 PM
Oath taking	01:00 PM
Vote of thanks	01.05PM

Photo Gallery: Swachh Bharath Abhiyaan



Anuradha M

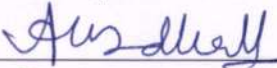
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The session ended by oath taking of students and staffs to maintain plastic free environment




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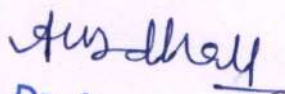
Program summary

This program was organized to enlighten participants to save our planet by eradication the usage of plastics. The program commenced with talk by Dr. Anuradha M., Principal, Padmashree Institute of Management and Sciences, on how to maintain the plastic free environment and the hazards caused by use of plastics. She also stressed that it is the responsibility of every individual to completely eradicate the use of plastic. Staff, NSS volunteers and students actively participated in the event.

A total of 67 students, NSS volunteers and 25 staff participated in the programme. Dr. Thammaiah R.B., welcomed the gathering. Along with NSS Programme officers the organizing committee-initiated cleaning activities. Students were motivated towards 'Clean India' by the inspirational talk by Dr. Anuradha M., Principal, Padmashree Institute of Management and Sciences. She enlightened volunteers about the importance of cleanliness, starting from one's home to the entire country. The volunteers were asked to make the nearby villages Hossabyrohalli and Kommagatta, clean and plastic free.

The NSS volunteers divided the students into 2 groups, who worked on collection of plastics in nearby villages. Each group was headed by NSS volunteers and faculty. The session came to an end with a pledge by students and staff to maintain "Plastic free environment".




Dr. Anuradha. M
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POORNAYURDHAMA: 2 DAY NATURE CAMP



Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
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POORNAYURDHAMA: 2 DAY NATURE CAMP

14-12-2019 – 15-12-2019

"Poornayurdhama is a place where Poornayu Ayurveda Centre is established for the benefit of both urban and rural communities. All kind of general and chronic disease are treated here by Ayurvedic expert Doctors." Poornayurdhama organized two-day Nature camp in association with Adamyia Chethana and Vibhu foundation. Students from Padmashree Institute of Management and Sciences were volunteers (25 students) for this program.

2 days Nature Camp held on 14th and 15th December in Poornayurdhama in association with Adamyia Chetana & Vibhu Foundation. In two days, first day was on Life style Education program including yoga and some lecturers from on Maharaj ji and Ayurveda lecture and demonstration from an Ayurveda doctor Dr. Murli.

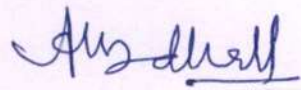
Second day was "Green Sunday" celebration including environment awareness program & planting of medicinal and other plants. Planting of different medicinal and others plants were followed by some awareness program by delivering speeches from leaders of some foundation about environment like how reduce waste, how reuse waste etc. Students of our college participated in planting trees, and medicinal plants and giving awareness to public.

Program Summary

Poornayurdhama is a place where Poornayu Ayurveda Centre is established for the benefit of both urban and rural communities. All kind of general and chronic disease are treated here by Ayurvedic expert Doctors." Poornayurdhama organized two days (14-15, December, 2019) Nature camp in association with Adamyia Chethana and Vibhu foundation.

Students of PIMS participated as volunteered in this program. They helped the program coordinators in organizing the program, in planting saplings and medicinal plants . Further, the program was concluded formally with a vote of thanks by thanking all the organizers, teachers and participants for making the program a success.




Dr. Anuradha. M
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Awareness Programme on Air and Water Pollution

24-07-2022

1	Organization committee	Organized by NSS committee, PIMS Dr. Anuradha M. Dr. Thammaiah Mrs. Shruthi A.M. Ms. Greeshma Ms. Mahalakshmi
2	Participants	55

Program Schedule

Date	Time	Program
24-07-2022	10.30 AM to 11.30 AM	Kommaghatta village visit
	11.45 AM to 12.45 AM	Govt. School, Kommaghatta



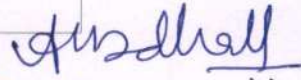
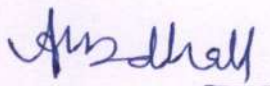

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Photo Gallery: Awareness Programme on Air and Water Pollution




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Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
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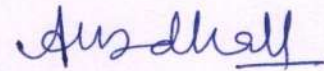
Program summary

On 24th July 2022, the NSS unit of Padmashree Institute of Management and Sciences organized an awareness program on air and water pollution as a part of their NSS activity. Dr. Thammaiah R.B. and Dr. Nethra S., accompanied the 1st year undergraduate students to Kommaghatta village to create awareness among the local community and school children about the importance of keeping their surroundings healthy.

The team arrived at the village at around 10:15 am and visited Kommaghatta lake to educate the locals about water pollution and how to prevent it. They emphasized the need to keep the water bodies clean and free from pollutants. From 10:30 am to 11:30 am, the volunteers interacted with the people nearby the lake, educating them about the consequences of water pollution and the steps to be taken to prevent it.

From 11:45 am to 12:45 am, the team visited a government school in Kommaghatta to create awareness among the students about air and water pollution. They emphasized the need to maintain a clean and healthy environment, and encouraged the students to take small steps towards creating a pollution-free future.

The program was successful in creating awareness among the local community and students about the importance of maintaining a clean and healthy environment. It was a positive step towards creating a sustainable and pollution-free future for all.



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Single use plastic awareness and household waste management program at Kommaghatta School

Event	Extension activity
Date	27-07-2022
Participants	33 Students of B.Sc. IV semester Clinical Nutrition and Dietetics Department
Place of Activity	Primary school, Kommaghatta village, kommaghatta, Kengeri Hobli , Bangalore.

School visit

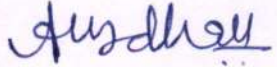
On 27th July 2022, students of B.Sc. Clinical Nutrition and Dietetics 4th semester conducted awareness program at Kommaghatta School. The topics selected were, single use plastic awareness and household waste management. 6th and 7th standard children were selected for the program.

Single use plastic awareness: Students discussed the harmful effect of plastic and how they can reduce the usage of plastic

Household waste management: Students discussed the importance of waste segregation, how to recycle things and how wet waste is used to make compost.

Certificate of Appreciation from Suilikere Grama Panchayat




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**Photo Gallery: Single use plastic awareness and household waste management program
at Kommaghatta School**



Students of Kommaghatta School



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Students discussing the topics with children



Anuradha

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Anuradha
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Program summary

On July 27th, 2022, B.Sc. Clinical Nutrition and Dietetics students from the 4th semester conducted an awareness program at Kommaghatta School. The program was aimed at educating 6th and 7th standard students about two important topics - single-use plastic awareness and household waste management.

During the single-use plastic awareness session, the students discussed the harmful effects of plastic on the environment and ways in which they could reduce their usage. They highlighted the fact that plastic is not biodegradable and can take hundreds of years to decompose. The students also explained how plastic waste is polluting our oceans, harming marine life, and affecting our food chain. They suggested some practical tips such as using reusable bags, water bottles, and straws to reduce the use of single-use plastic.

In the second session on household waste management, the students discussed the importance of waste segregation and explained how it can help in recycling and reducing the amount of waste that goes to landfills. They emphasized the importance of segregating waste into wet and dry waste and explained how wet waste can be used to make compost. They also shared some useful tips on recycling different types of waste such as paper, plastic, and glass. The awareness program was successful as the students from B.Sc. Clinical Nutrition and Dietetics were able to effectively communicate the importance of reducing single-use plastic and managing household waste. The program was well-received by the 6th and 7th standard students who showed a keen interest in adopting the suggested practices in their daily lives.




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WEBINAR ON SUSTAINABLE URBAN WASTE MANAGEMENT

ON
20TH JUNE 2020
@ 09:30 AM

Jointly Organised by

RESEARCH CELL, DEPARTMENT OF LIFE SCIENCES,
PADMASHREE INSTITUTE OF MANAGEMENT AND
SCIENCES, BANGALORE



PADMASHREE
INSTITUTE OF MANAGEMENT
AND SCIENCES

K-tech



Resource Persons

Presidential Address



Mr. Satish
Chairman,
Padmashree Institute of
Management and sciences,
Bengaluru

Waste is our responsibility, ways to reduce and recycle household
waste in urban living



Ms. Vani Murthy
Founding Member, Solid Waste
Management Round Table (SWMRT),
We Care for Malleswaram and Clean
Green Workshops, Bengaluru

Practices to Convert and Recycle Household Organic Matter into
Black Gold Compost



Dr. Rajendra Hegde
founder member of Garden City Farmers (GCF),
Co-founder and Chairman at Biological
Research Innovation Centre and Solutions LLP
(BRICSLLP), Bengaluru

Pre-register and join the group

REGISTRATION LINK

<https://forms.gle/f3nuu8rjxoyNKqga6>

website: www.pims.org.in

E-Certificates will be provided to the participants
who attends webinar till the end

Photo Gallery Webinar: Sustainable Urban Waste Management

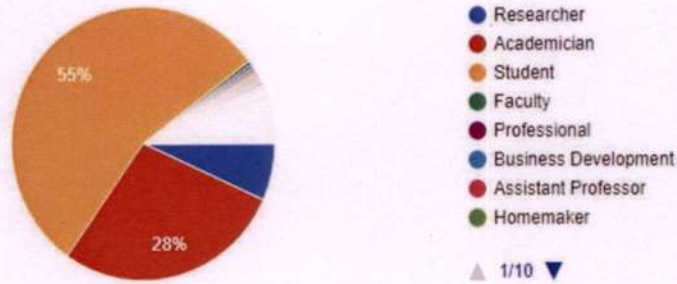


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Principal
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REGISTRATION RESPONSES

Designation/Affiliation

840 responses



Anuradha M
Dr. Anuradha. M
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Padmashree Institute of
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WEBINAR: SUSTAINABLE URBAN WASTE MANAGEMENT

DATE: 20th June 2020 at 09:30AM

Padmashree Institute of Management and Sciences, Bangalore

Online Platform: ZOOM & YouTube live stream

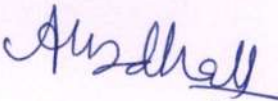
https://youtu.be/jnv_RI7MYsM

Time	Topic	Speakers
9.30-10.00	Presidential address	Mr. Satish, Chairman, PGI
10.00-11.00	Waste is our responsibility, ways to reduce & recycle the household waste in urban living	Ms. Vani Murthy
11.00-11.10	Discussion & interaction with students.	
11.15-12.15	Practices to convert & recycle household organic matter into black gold compost	Dr. Rajendra Hegde
12.15-12.30	Discussion & interaction with students.	

SUMMARY OF THE PROGRAM

The webinar titled “Sustainable Urban Waste Management” was organized by Padmashree Institute of Management and Sciences on 20th June 2020. **The program was open to the public.** There were more than 800 registration for the program and more than 600 participants obtained the benefits. Urban waste management is the key to the secular future. It entails the entire system of collecting, sorting, treating, utilizing and ultimately disposing of waste, and when properly facilitated it can provide a source of energy and resources, while significantly reducing pollution. The environmental impacts of the construction industry can be reduced through sustainable waste management (SWM). Speakers discussed the best way to manage urban waste. Towns and cities generate huge volumes of waste that are often disposed of as landfill. Our eminent speakers explain that sorting urban waste into organic and inorganic streams, which can be turned into energy and fertilizer, offers a much more efficient and environmentally friendly solution. The webinar was very useful. The organizers thanked all the speakers and participants for making the event a grand success.




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Programs conducted on Nutritional Awareness

Nutrition Counselling in Medical Camp Organized by BBMP

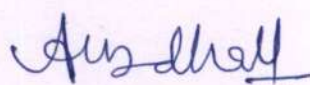
Event	Extension program
Date	09-03-2019
Title	Nutritional counselling in Medical Camp
Organized by	Bruhat Bengaluru Mahanagara Palike (BBMP)
Number of participants	8

Programme Summary

"The Bruhat Bengaluru Mahanagara Palike organized a medical camp in Basavanagudi, Bangalore. The students of B.Sc. Clinical Nutrition and Dietetics (CND) from Padmashree Institute of Management and Sciences set up a free health camp and nutritional counseling booth. They provided nutritional counseling to patients with lifestyle-related disorders.

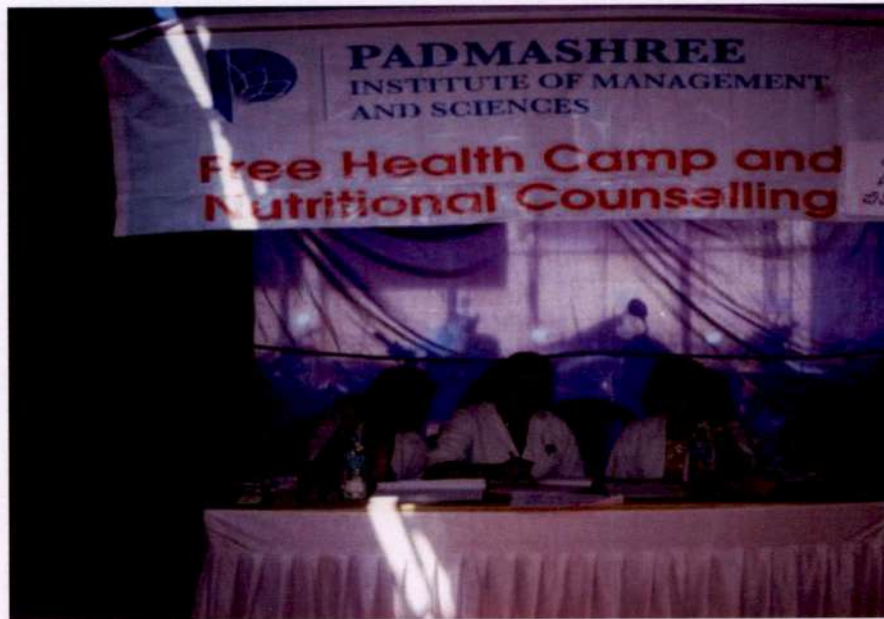
Dr. Aswath Narayan and Mr. Ravi were the honored guests of the event and visited the booth to interact with the students. The students counseled approximately 80 people during their visit. They educated the visitors about various lifestyle disorders that arise due to a lack of nutrients and stressed the importance of eating a healthy, nutrient-rich diet for overall health. The students also discussed the significance of eating at the right time and gave a brief overview of mindful eating.



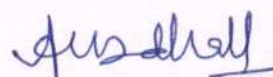

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 Principal
 Padmashree Institute of
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Programs conducted on Nutritional Awareness

Nutrition Counselling in Medical Camp Organized by BBMP



Dr. Ashwath Narayan Honorable Deputy Chief Minister of Karnataka visited the stall and interacted with our students



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Students displayed foods belonging to different food groups to educate people about the concept of balanced diet



Students guiding the people visiting the stall enquiring the health status and interacting regarding healthy eating



Anuradha M

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Awareness Program on Breast Feeding at Anganwadi, Byrohalli



Organised by

NSS Committee Supported by Bangalore University
Department of Clinical nutrition and Dietitics
In collaboration with T K Narayanappa Foundation

Awareness Program
**BREAST
FEEDING**

August 7, 2018
10:00 AM to 2:00 PM

*A gentler and warmer approach to assisting
mothers in their breastfeeding journey*

Awareness Program on Breast Feeding at Anganwadi, Byrohalli

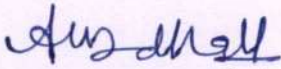
Program schedule

Event	Extension activity
Date	07-08-2018
Organized by	NSS, PIMS
Participants	25 students, NSS volunteers, faculties, 20 women
Event	Breast Feeding Week 2018

Program Summary

The awareness program aimed to educate and raise awareness about the benefits of breastfeeding for both the mother and the child. The students emphasized the importance of breast milk as a complete source of nutrition for the baby and the various benefits it provides, such as improved immunity and reduced risk of certain diseases. They also cleared any doubts or misconceptions the women had about first milk (colostrum) and the importance of exclusive breastfeeding for the first six months of a baby's life. The students' efforts were successful in spreading awareness and promoting the importance of breastfeeding in the local community.




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Posters made by our students



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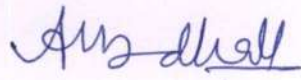


Students interacted with mothers and educated mothers about feeding nutritious food to children



Students interacting with children and making them to learn about healthy foods




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Group photos of students with mothers and children



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Anthropometric measurements and nutritional awareness for staff and children of primary school, Hosabyrohalli



Students measuring the height and weight of children



Students explaining about the portion size of foods to be consumed and nutrients present in them to staff of the school and to the children.

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National Nutrition Week: September 1st – 7th 2019
Awareness on “Eat Right” at, Govt. School of Halebyrohalli

Event	Extension program
Date	1 st – 7 th 2019
Title	National Nutrition Week

Program Schedule

Day	Details
03-09-2019	All the activities planned based on theme Tuesday 3.30 pm – 4.30 pm Cooking competition- Cooking without fire
04-09-2019	Wednesday 11.30 am – 12.30 pm Awareness session in Govt. School, Halebyrohalli 3.30 pm – 4.30 pm Pick and Speak competition
05-09-2019	Thursday 3.30 pm – 4.30 pm Models / Chart exhibition competition
06-09-2019	Last Two days National Seminar on account of Nutrition week Friday Morning session: Guest talks - 2 talks Afternoon session: Poster presentation Quiz competition
07-09-2019	Saturday Morning session: Guest talks - 2 talks Afternoon session: Awareness campaigns in the form of skit, drama, mime by our students. Prize distribution and Valedictory

Resource person/s

	<p>Name :Dr. M. N Usha Designation: Professor (Retd) Affiliation: Smt. VHD institute of Home Science, Bangalore</p>
	<p>Name: Dr. Anuradha M. Designation: Principal Affiliation: Padmashree Institute of Management & Sciences and Research</p>
	<p>Name: Dr. Bhavana Designation: Renal Nutritionist Affiliation: Department of Nephrology, St.John's Research Institute and Hospital, Bangalore</p>
	<p>Name: Usha Manjunath Designation: Professor and Director Affiliation: Indian Institute of Health management and Research, Bangalore</p>
	<p>Name: Dr. Priyanka Designation: Scientist 'C' (project based) Affiliation: National Centre for Disease Informatics and Research (ICMR), Bengaluru</p>

National Nutrition Week: September 1st – 7th 2019
Awareness on “Eat Right” at, Govt. School of Halebyrohalli



 **PADMASHREE**
INSTITUTE OF MANAGEMENT
AND SCIENCES

National Nutrition Week-
September 6th-7th, 2019

Organised by
Department of Food, Nutrition
and Dietetics

Theme : Eat Right

List of Speakers
08th September 2019

1) Dr. M N Usha,
Professor (Retd),
Smt VHD Central Institute of Home Science,
Bangalore

2) Dr. Anuradha. M.
Principal,
Padmashree Institute of Management and Sciences, Bangalore

7th September, 2019

1) Dr. Usha Manjmath,
Director,
Indian Institute of Health Management and Research, Bangalore

2) Dr. Bhavana. S
Renal Nutritionist,
Department of Nephrology,
St. John's Research Institute and Hospital,
Bangalore

3) Dr. Priyanka Dada Jain,
Scientist. C (Project based)
NCDIR, Bangalore



List of competitions

- **Pick and Speak**
3rd September- (3.30-4.30 pm)
- **Model/Chart Display**
4th September-(3.30-4.30 pm)
- **Baking and Cooking without fire**
6th September (12.00pm- 2.30pm)

Last date for registration : 31st August 2019

For Registrations Contact:
8095683528
8197083092





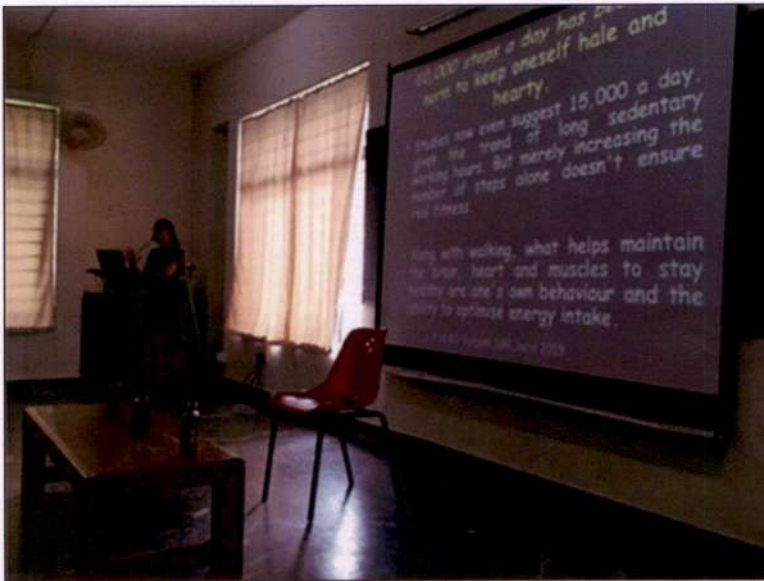
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From 3rd September everyday last hour of afternoon sessions was scheduled for competitions in which students participated actively



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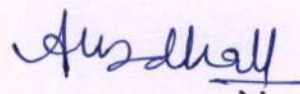


Anuradha

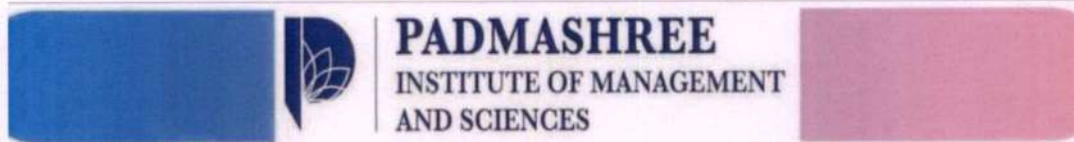
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Program Summary

The National Nutrition Week program organized by the Padmashree Institute of Management and Sciences was successful in raising awareness about the importance of a healthy and nutritious diet. The program provided an opportunity for students to interact with experts and gain new insights and knowledge in the field of Nutrition and Dietetics. **In addition, On September 4th, 2019 the students visited a government school in Halebyrohalli to educate the children on the importance of healthy eating.** Various competitions such as poster making, slogan writing, healthy recipe making, and quiz competition related to nutrition were organised. These competitions gave the students an opportunity to showcase their creativity and knowledge about nutrition. Overall, the program was successful in promoting a healthy and nutritious lifestyle, particularly among the younger generation.



Dr. Anuradha. M
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Dept. of Clinical Nutrition and Dietetics

owing to



World Breastfeeding Week- 2019

is organizing competitions for
students

The theme is

**EMPOWER PARENTS
ENABLE BREASTFEEDING**

LIST OF COMPETITIONS

- POETRY- ENGLISH/HINDI/KANNADA
- VIDEO/DOCUMENTARY- 5 minutes
- ARTICLE - 150 WORDS

All entries are to be sent through email with name, course, semester, college name to one of the below mentioned mail id on or before 5th August 2019

Email id

shubagsi@gmail.com

shilpasept@gmail.com

charishma.peddireddy@gmail.com

The best will be awarded with prize and participation certificate is given to all participants

World Breast Feeding Week Program – 2019

Program schedule

Date	06-08-2019
Organizer	NSS, PIMS
Participants	25 students, NSS volunteers, faculties , 15 women
Occasion	Breast Feeding Week 2019

Padmashree Institute of Management and Sciences organized the World Breast Feeding Week Program – 2019 which is celebrated from August 1st to August 7th every year all over the globe. The main objective of the World Breastfeeding Week program was to create awareness about the importance of breastfeeding and its benefits for both mother and the baby. The events were well received by the students and staff members, who actively participated and showed great interest in learning more about this crucial aspect of child care and nutrition. The program was concluded successfully with a lot of learning and takeaways for the participants. The expert talks, poetry competition, documentary and article writing events helped the students and staff to gain a deeper understanding of the importance of breast feeding and its role in providing optimal nutrition to the newborns.

The women were also educated on the correct techniques of breastfeeding and the benefits of exclusive breastfeeding for the first six months of the baby's life. The students also distributed handouts containing information on proper nutrition and the importance of breastfeeding for the health of both the mother and the baby. The program was well received by the women and they were grateful for the knowledge imparted to them by our students.

Program Summary

The program organized to celebrate World Breast Feeding Week was successfully utilized by B.Sc. Clinical Nutrition and Dietetics students to create awareness in other students and staff of our institution. Also, the awareness program conducted in the Anganwadi was very effective in educating pregnant women and lactating mothers. The importance of proper nutrition to the mother and the infant was explained in a very simple way to make sure that the women can understand. Students were very happy to interact with the women and the kids and the feedback received from them was very positive. The program was well received by the women and they expressed their gratitude to the students and the institution for creating such a platform to educate them. Overall, the World Breastfeeding week program was a great success in terms of creating awareness and educating the masses about the importance of proper nutrition and breastfeeding.



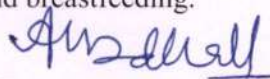

Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

Photo gallery: World Breast Feeding Week Program – 2019



Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



**NATIONAL LEVEL SEMINAR ON NUTRITION STRATEGY FOR
A ZERO HUNGER WORLD**

Padmashree Institute of Management and Sciences, Bangalore

Date	16-10-2019 – 17-10-2019
Speaker	Dr. KK Narayanan- Kottaram Agrofoods Dr. BV Venkateshaiah- Dairy Science College Dr. Sathish Gowda N- University Law College, Bengaluru Dr. Usha Raveendra- GKVK, Bengaluru Dr. G. Jyothi- NIPCCD, Sothern Regional Centre, Bengaluru Dr. M. Anuradha, Principal, PIMS, Bangalore

Resource Person/s

	Name : K.K. Narayanan Designation: Founder-Chairman of a fast-growing food technology enterprise Affiliation: Kottaram Agrofoods
	Name : Dr. B.V. Venkateshaiah Designation: Former Dean Affiliation: Dairy Science College
	Name : Dr. Sathish Gowda N Designation: Associate Professor Affiliation: University Law College, Bengaluru



Name : **Dr. Usha Raveendra**
 Designation: Professor
 Affiliation: GKVK, Bengaluru



Name : **Dr. G. Jyothi**
 Designation: Deputy Director
 Affiliation: NIPCCD, Sothern Regional Centre, Bengaluru

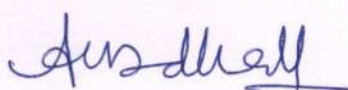


Name : **Dr. M. Anuradha**
 Designation: Principal
 Affiliation: PIMS, Bangalore

Program summary

On the occasion of World Food Day, national seminar on “Nutrition Strategy for a Zero Hunger World” was been organised by our college. There were six resource people, who delivered the talks on the strategies that we have to take to make zero hunger world, the speakers emphasized on maximum production, better nutrition, sustainable environment and a healthy life. Effective interactive sessions were conducted; pledge by all the participants was taken to create significance to make zero hunger world. Further, the program was concluded formally with a vote of thanks by thanking all the organizers, teachers and participants for making the program a success. Awareness program on reducing food wastage was conducted by student volunteers in Kommaghatta a nearby village.




Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences



**National Level Seminar on
NUTRITION STRATEGY FOR A
ZERO HUNGER WORLD**

16-10-2019 and 17-10-2019

On the occasion of

WORLD FOOD DAY

**OUR ACTIONS ARE OUR
FUTURE**



**HEALTHY DIETS FOR A
ZERO HUNGER WORLD**

AWARENESS ON FOOD
WASTE MANGAMENT IN
NEARBY KOMMAGHATTA
VILLAGE BY STUDENT
VOLUNTEERS WILL BE A
PART OF THE SEMINAR

**Venue- II floor Seminar
Hall, Science Block
PIMS**

For Registrations

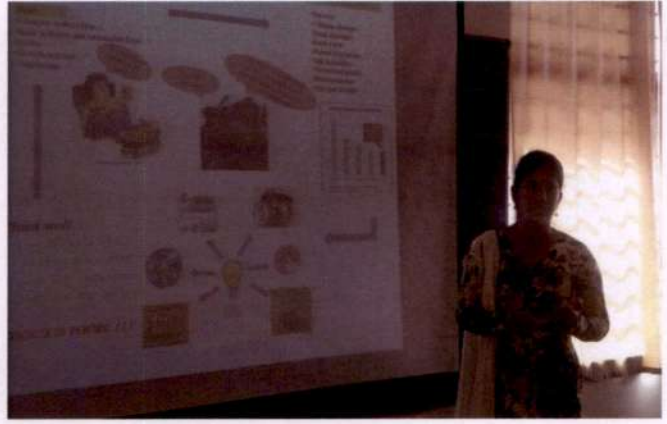
Contact: 9513114756

Registration fee- Rs. 200

LIST OF SPEAKERS

- **Dr K K Narayanan- Kottaram Agrofoods**
- **Dr BV Venkateshaiah- Dairy Science College,**
- **Dr Sathish Gowda N- University Law College, Bengaluru**
- **Dr Usha Raveendra- GKVK, Bengaluru**
- **Dr G Jyothi- NIPCCD, Southern Regional Centre, Bengaluru**
- **Dr M Anuradha- PIMS, Bangalore**

Photo Gallery: Students explaining the poster designed by them



Anuradha

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Anuradha

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Pledge by students and staffs with Shri. T. K. Narayanappa, Managing Trustee, Padmashree Group of Institutions, for zero hunger world



Student volunteers visited to nearby village and created awareness among children



Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

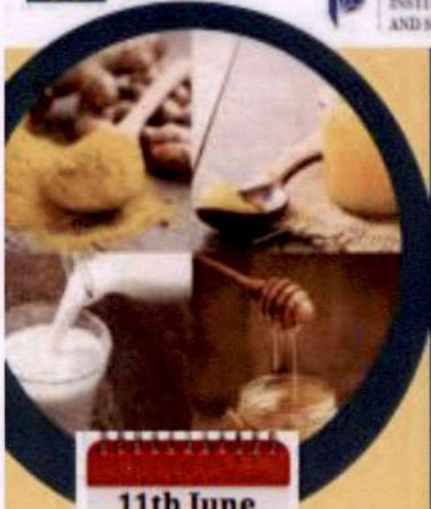
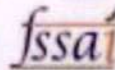
FOOD ADULTERATION AND LABELING: CONSUMER AWARENESS

National Webinar and Virtual workshop



Jointly Organised by Research cell, Department of Food Processing, Department of Food Science & Nutrition

K-tech



**11th June
2020
@ 10:00AM**

Pre-register to get link on your mail
E-Certificates will be provided to the attendees



Registration Link:

<https://forms.gle/VpwLSy4djwkHNfp66>



At the end of webinar a link for Quiz will be shared.
E-Certificates will be provided to the successful participants



Resource Persons

Capacity building in Consumers :To Choose Right Food



Mr. P. Muthuraman
Director, Food Safety and Standards Authority of India (FSSAI),
Southern Regional Office, Chennai

Food Label Information to be noted by Consumers



Ms. Jitha K.K.
Deputy Director,
Food Safety and Standards Authority of India (FSSAI)
Southern Regional Office, Chennai

NetProFaN - Committed to safe food and healthy diets



Dr. A. Sundaravalli
Head, Department of Home Science, Mount Carmel College, Bangalore
Convener NetProFaN Karnataka Chapter

Adulteration in Milk & Ghee: Issues & Challenges



Dr. Satish Kulkarni P.
Vice President - Indian Dairy Association,
New Delhi
Legal Adviser & Food Regulatory Consultant

Presidential Address



Dr. Anuradha M.
Principal
Padmashree Institute of Management and Sciences,
Bangalore

Virtual demo on Detection of Food adulterants and labelling

By students - Food department, Padmashree Institute of Management and Sciences

website: www.pims.org.in

National seminar

FOOD ADULTERATION AND LABELING - CONSUMER AWARENESS

Date	11-06-2020
Speaker	<p>Dr. Sundaravalli , FSSAI Initiatives to choose right food</p> <p>Mr. P. Muthuraman, Director- FSSAI, South region</p> <p>Ms. Jitha K. K. Deputy Director Food Safety and Standards Authority of India (FSSAI) Southern Regional Office, Chennai</p> <p>Dr. Sathish kulkarni, Former head, NDRI and founder partner- dairy skills and food quality academy</p>
No. of Participants	426
Online platform	Zoom link: https://zoom.us/j/96005970597?pwd=S3cwSUFLSFVudjFNdk9lVTBRUWtUZz09

Program Schedule

Time	Speaker
10:00 – 10:05 am	Presidential address by Dr. M. Anuradha
10:05 – 10:10 am	Briefing the activities of NetProFan- Dr. Sundaravalli
10:10 am – 10:30 am	FSSAI Initiatives to choose right food Mr. P. Muthuraman Director- FSSAI, South region
10:40 – 11:10 am	Import clearance and labelling of food Products. Ms. Jitha K. K, Deputy Director Food Safety and Standards Authority of India (FSSAI) Southern Regional Office, Chennai
11:15 am – 12:00 pm	Adulteration in milk and ghee : issue and challenges Dr. Sathish kulkarni, Former head, NDRI and founder partner- dairy skills and food quality academy
12:00 pm – 12:15 pm	Virtual video on Detection of Food adulteration by M.Sc. Food And Nutrition second year students.
12:15 pm – 12.30 pm	Discussion with speakers
12:30 pm	Vote of thanks Dr. M. S. Saradha Devi

Resource person/s

Name: P Muthumaran,
Designation: Director
Affiliation: Food Safety and Standard Authority of India,
Southern Region



Name: Ms. Jitha.K.K,
Designation: Deputy Director
Affiliation: Food Safety and Standards Authority of India (FSSAI)
Southern Regional Office, Chennai.

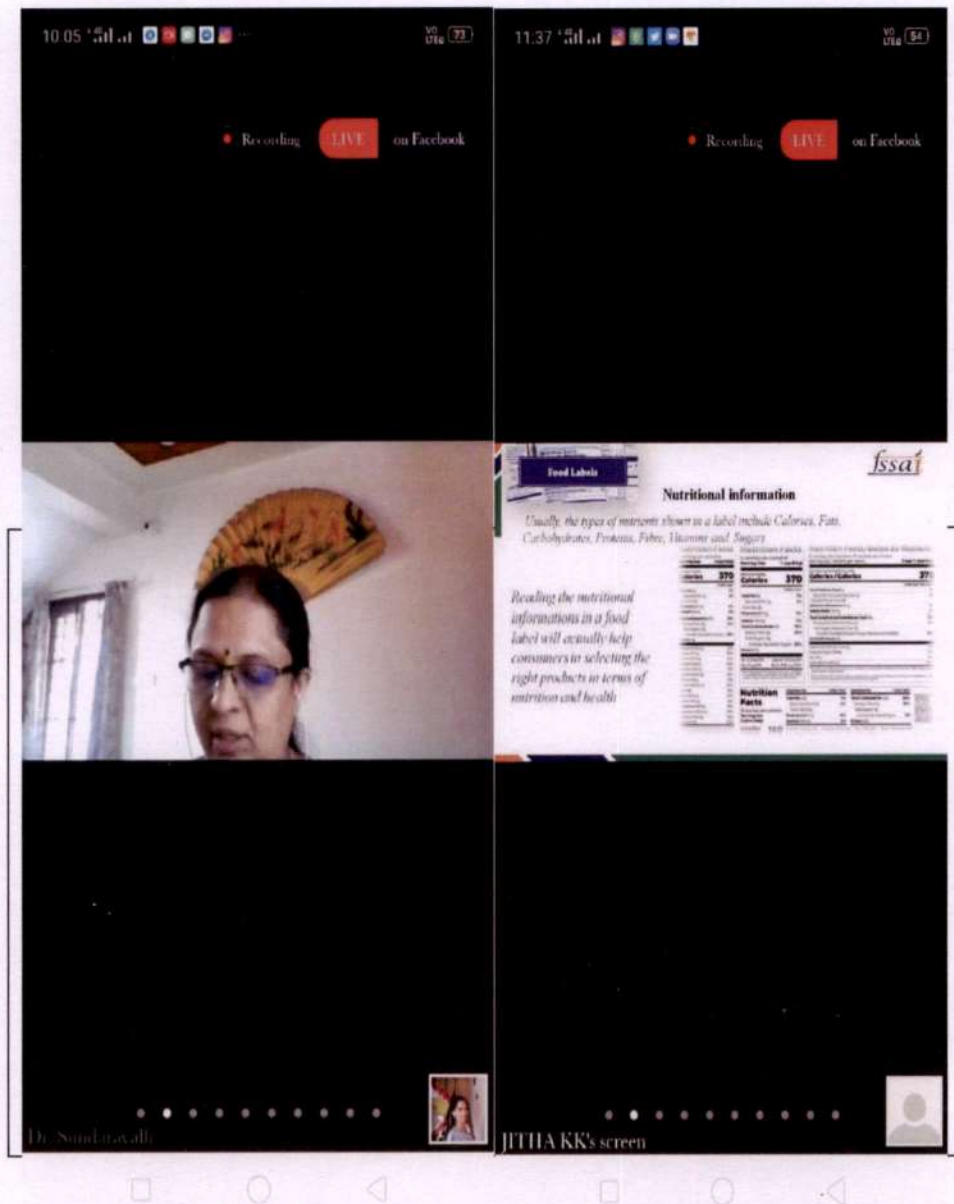


Name: Dr. Sundaravalli
Designation: HOD, Dept. of Home Science
Affiliation: Mount Carmel College

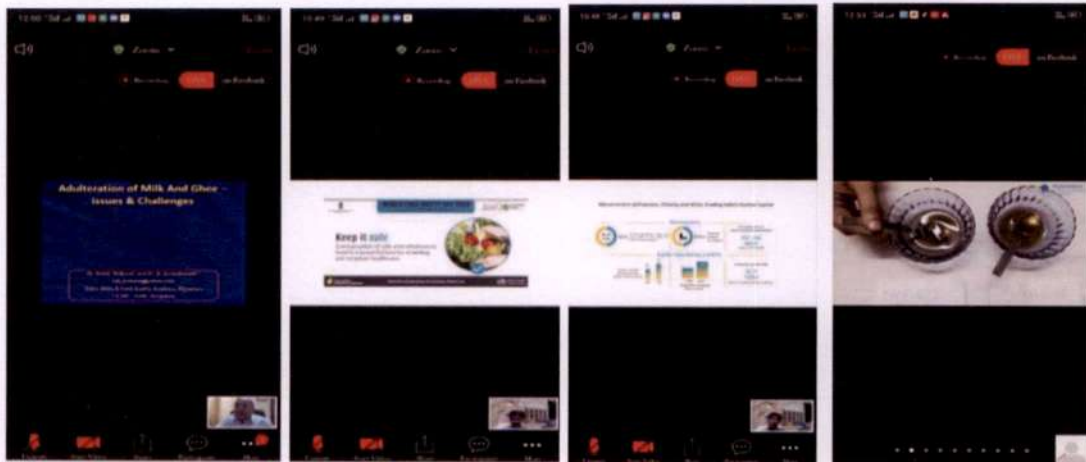
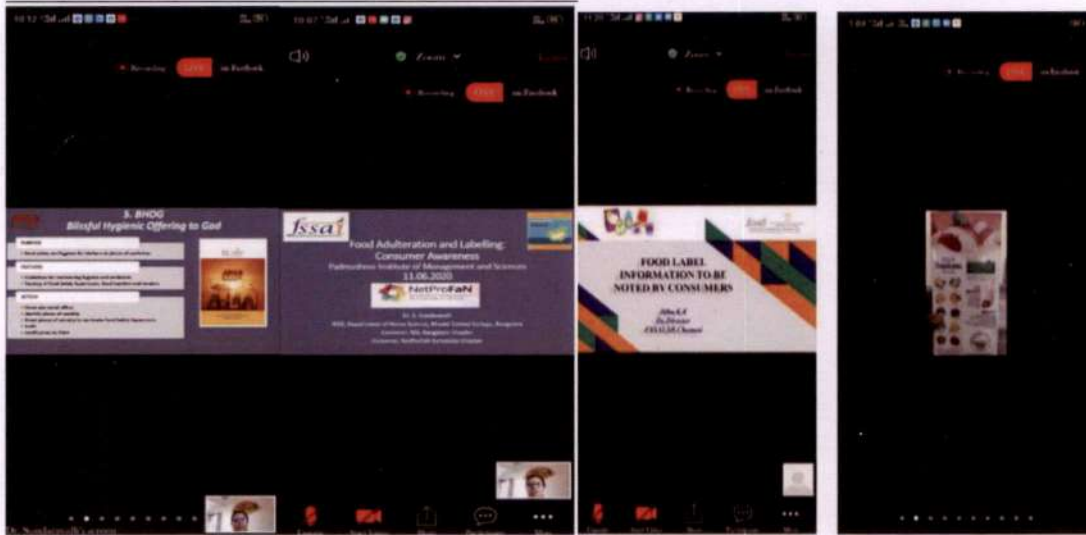
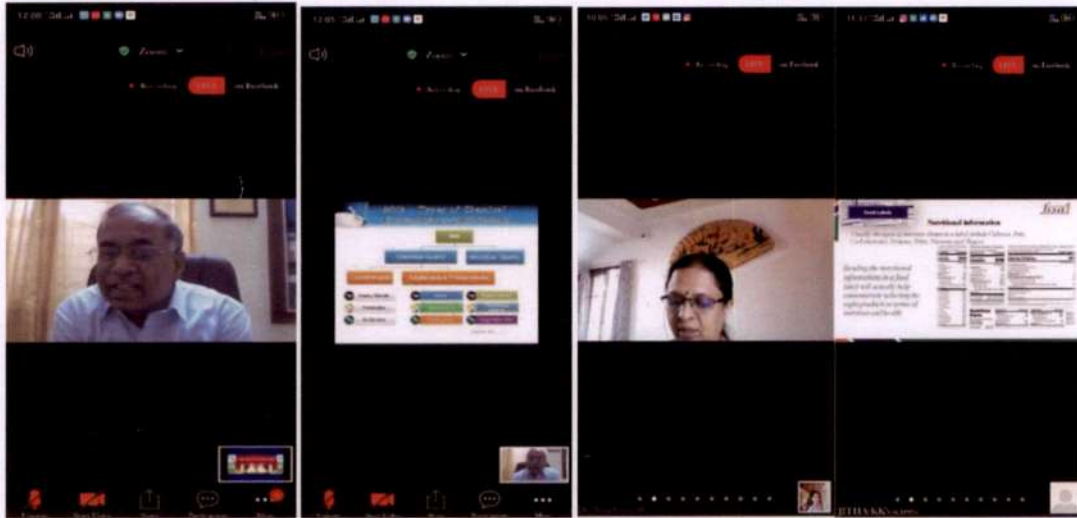


Name: Dr. Sathish Kulkarni
Designation: Vice president
Affiliation: Indian Dairy Association, New Delhi

Photo Gallery: Glimpses of the webinar



Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences





Class	Participants (126)	Score
M11	MADHU JAVANREKAR	100%
M10	MADHURAJ VAMNERKAR	100%
M13	MADHURIMA ADHIKARI	100%
M12	Mahamedul Mohamed Saadullah	100%
M14	Mahesh Kulkarni	100%
M15	Mahesh Nalk	100%
M16	Manasa Vaidya	100%
M17	MANASA SATPUTE	100%
M18	manvendra .	100%
M19	Moushali Titikha	100%
M20	Mahika	100%
M21	Mohammed Ameeruddin	100%



Anuradha
Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

Certificate of Participants



K-tech **BiSEP** **PADMASHREE**
INSTITUTE OF MANAGEMENT AND SCIENCES

NetProFaN **fssai** **AFSI**
NETWORK OF PROFESSIONALS OF FOOD AND NUTRITION

CERTIFICATE OF PARTICIPATION

Sutanuka Pal

For participating in National webinar on **"FOOD ADULTERATION AND LABELLING"**
organized by Research cell, Department of Food Processing, Department of Food and Nutrition,
Padmashree Institute of Management and Sciences, Bangalore.
On **11th June 2020**

[Signature]
Sri. T. K. Narayanappa
Managing trustee, PIMS

[Signature]
Mr. Satish
Chairman, PIMS

[Signature]
Dr. M. Anuradha
Principal PIMS



K-tech **BiSEP** **PADMASHREE**
INSTITUTE OF MANAGEMENT AND SCIENCES

NetProFaN **fssai** **AFSI**
NETWORK OF PROFESSIONALS OF FOOD AND NUTRITION

CERTIFICATE OF PARTICIPATION

STEPHY GEORGE

For participating in National webinar on **"FOOD ADULTERATION AND LABELLING"**
organized by Research cell, Department of Food Processing, Department of Food and Nutrition,
Padmashree Institute of Management and Sciences, Bangalore.
On **11th June 2020**

[Signature]
Sri. T. K. Narayanappa
Managing trustee, PIMS

[Signature]
Mr. Satish
Chairman, PIMS

[Signature]
Dr. M. Anuradha
Principal PIMS

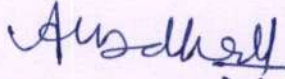


[Signature]
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Program Summary

National Webinar titled “Food Adulteration and Labelling: Consumer Awareness” and Virtual Workshop were organized by Padmashree Institute of Management and Sciences on 11-06-2020 at 10:00 am. The resource persons, Mr. P Muthuraman, Ms. Jitha K. K, Dr. A. Sundaravalli, Dr. Satish Kulkarni P mainly delivered talks on food adulteration and labelling. The topics included how to choose right food, food label information that has to be noted by everyone, safe and healthy diet, adulteration in milk and ghee. Students also participated in the program and PG Second year Food and nutrition students demonstrated the procedure to identify adulteration in different foods. Further, the program was concluded formally with a vote of thanks by thanking all the organizers, teachers and participants for making the program a success.




Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Diet counseling for Covid patients



HEALTHY LIFE



PADMASHREE
INSTITUTE OF MANAGEMENT
AND SCIENCES



FREE DIET COUNSELLING
&
Diet Plan For COVID Patients

V.SADHANA
79932 89274

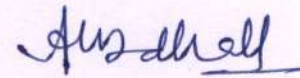
G.VISWA SREE **P.VIDYA REDDY**
95507 33873 **76740 60148**

Diet counseling for Covid patients

Summary

The students of M.Sc Clinical Nutrition and Dietetics, conducted online diet counselling during COVID-19. The students Sadhana, Vidhya Reddy and Viswasri of M.Sc Clinical Nutrition and Dietetics have participated in this community outreach program voluntarily to serve the people infected from corona virus. The patients who were inhome isolation and hospitalized were given dietary tips. Nutrition is given equal importance as treatment during COVID. Students have circulated the brochure created by them on social media. They have shared google form to collect the information regarding their health conditions and nutrition status.

Students were appreciated for their effort in helping COVID patients. The students have communicated their nutrition tips and advised the patients. Nutrition counselling was very effective and patients were benefited by this community outreach program



Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

NUTRITION ASSESSMENT AND NUTRITION EDUCATION AT SULIKERE GOVT PRIMARY SCHOOL

Event	Nutrition Assessment and Education at Sulikere Govt Primary School
Date	08-07-2022
No of participants	28
Place of activity	Sulikere village

School Visit

Students of B.Sc. Clinical Nutrition and Dietetics conducted nutrition assessment and nutrition education in Sulikere village government school as a part of their curriculum



ಬೆಂಗಳೂರು ನಗರ ಜಿಲ್ಲಾ ಪಂಚಾಯತಿ
ಬೆಂಗಳೂರು ದಕ್ಷಿಣ ತಾಲ್ಲೂಕು ಪಂಚಾಯತಿ

ಸೂಲಿಕೆರೆ ಗ್ರಾಮ ಪಂಚಾಯತಿ ಕಾರ್ಯಾಲಯ

ಸೂಲಿಕೆರೆ, ಸೂಲಿಕೆರೆ ಅಂಚೆ, ಕೆಂಗೇರಿ ಹೋಬಳಿ, ಬೆಂಗಳೂರು ದಕ್ಷಿಣ ತಾಲ್ಲೂಕು

ಸೂ.ಗ್ರಾ.ಪಂ. /2022-23

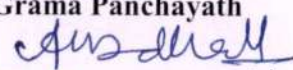
Certificate of Appreciation

This is to acknowledge Padmashree Institute of Management Sciences for conducting nutritional educational program on 8th July 2022 at primary school students of Sulikere village Kengeri Bangalore. The outreach and services rendered by the institute is appreciated.


 ಪಂಚಾಯತಿ ಅಭಿವೃದ್ಧಿ ಅಧಿಕಾರಿ
 Panchayath Development Officer
 ಸೂಲಿಕೆರೆ ಗ್ರಾಮ ಪಂಚಾಯತಿ
 ಕೆಂಗೇರಿ ಹೋಬಳಿ, ಬೆಂಗಳೂರು ದಕ್ಷಿಣ ತಾಲ್ಲೂಕು
 Sulikere Village Panchayath

Certificate of Appreciation from Sulikere Grama Panchayath




Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

Program Summary

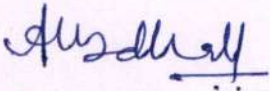
The nutrition intervention program aimed to promote healthy eating habits among children. The program started with an introductory session, where rapport building was a crucial aspect to make the children feel comfortable and familiar with the program facilitators. To break the ice and make the children more relaxed, games were organized, such as the "passing the ball" game. The children who lost were made to dance and then were subjected to a nutritional assessment.

The nutritional assessment was conducted in three stages, which included anthropometric measurement, clinical examination, and dietary assessment. The aim of the assessment was to gather information about the children's physical and dietary habits, which would help in planning the nutrition education program.

After the assessment, the nutrition education program was conducted, where charts were used to convey important messages about healthy eating habits. To make the information more engaging and memorable for the children, a skit was performed on the topic of "healthy food vs. unhealthy food." The skit helped to drive home the message in a more interactive and enjoyable manner for the students.

In conclusion, the nutrition intervention program was successful in promoting healthy eating habits among children. The children were given bananas and crayons as a token of gratitude for their participation, which made them feel appreciated and valued. By conducting such programs, children can be encouraged to adopt healthy habits from a young age, which would benefit them in the long run.




Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Anaemia Awareness Program

Event	Extension activity
Date	26-07-2022
Students	44 students of B.Sc. Clinical Nutrition and Dietetics VI Semester
Place of activity	At Sri Veereshwara Swamy High School Sulikere, Bangalore South, Kengeri Bangalore -560060

Certificate of appreciation from Sulikere Grama Panchayat




ಬೆಂಗಳೂರು ನಗರ ಜಿಲ್ಲಾ ಪಂಚಾಯತಿ ಬೆಂಗಳೂರು ದಕ್ಷಿಣ ತಾಲ್ಲೂಕು ಪಂಚಾಯತಿ

ಸೂಲಿಕೆರೆ ಗ್ರಾಮ ಪಂಚಾಯತಿ ಕಾರ್ಯಾಲಯ

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2022-23



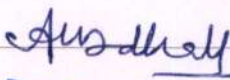
ಮಾ.ಸಾ.ಪಂ. / 2022-23

Certificate of Appreciation

This is to acknowledge Padmashree Institute of Management Sciences for conducting Anaemia awareness programme on 26th July 2022 at Sri Veereshwara Swamy High School Sulikere, Bangalore South, Kengeri. The outreach and services rendered by the institute is appreciated.



Panchayath Development Officer
 ಸೂಲಿಕೆರೆ ಗ್ರಾಮ ಪಂಚಾಯತಿ
 ಕೆಂಗೇರಿ ಹೋಬಳಿ, ಬೆಂಗಳೂರು ದಕ್ಷಿಣ ತಾಲ್ಲೂಕು
 Sulikere Village Panchayath



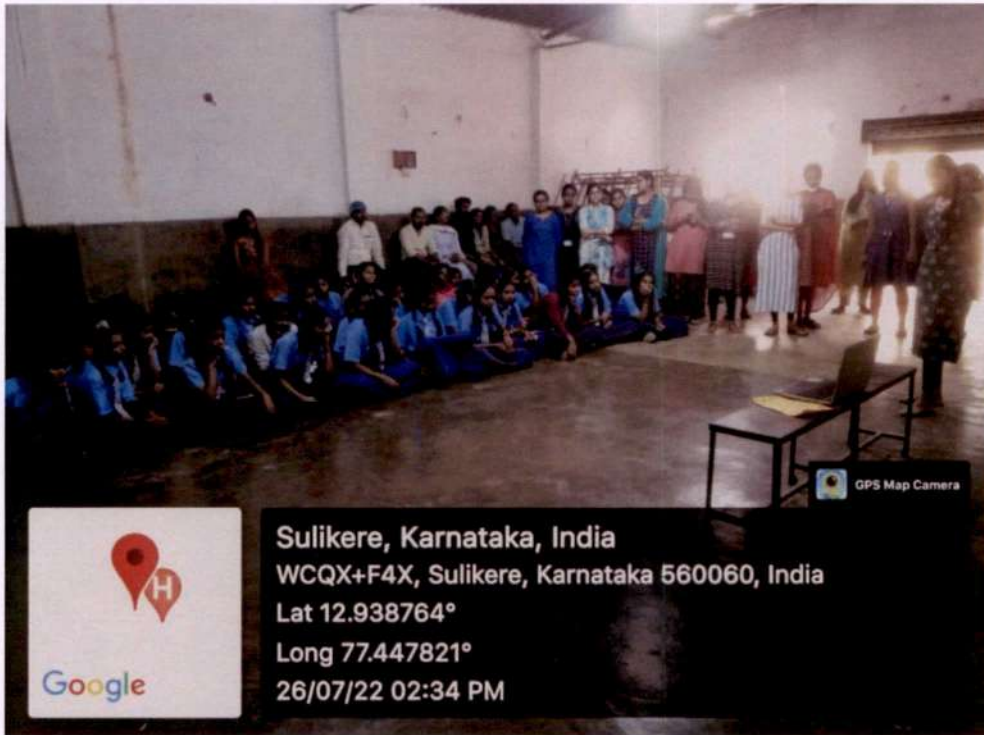
Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences



Anaemia Awareness Program

Photo gallery:

Students explaining the importance of eating nutritious food to combat anaemia



Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Program Summary

As part of an extension program, B.Sc. Clinical Nutrition and Dietetics students from Padmashree Institute of Management and Sciences, in their 6th semester, conducted a seminar on anaemia and menstrual hygiene at a high school in Sulikere, Bangalore. The program was aimed at raising awareness among young girls about the increasing prevalence of anaemia and the importance of menstrual hygiene.

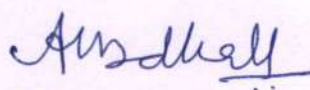
The program began with a question-and-answer session to assess the students' prior knowledge on the topics. The first session was focused on anaemia, where the students explained the signs, symptoms, consequences, and treatments for the condition. They used charts and presentations to make the session easy to understand.

The second session was focused on menstrual hygiene. The students used various techniques, such as animation videos, to educate the girls about menstrual hygiene and help them understand the unhealthy actions they face during their menstrual cycle. They also taught the girls about nutrition required for combating menstrual problems.

The program concluded with a discussion round where the girls were allowed to ask questions and clarify any doubts. This helped the students in better understanding the importance of basic knowledge about health and the body.

Overall, the program was successful in raising awareness among the girls about anaemia and menstrual hygiene. The seminar not only helped in educating the girls but also provided a platform for them to ask questions and clarify their doubts, making the program a success. The students gained valuable experience in organizing and presenting information, while the girls gained a better understanding of these important topics.




Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Community Awareness Programme on Healthy Cooking Practices

Organised by Padmashree Institute of Management and Sciences

Event	Extension Activity
Date	27-07-2022
No of Participants	40
Place of activity	Padmashree Institute of Management and Sciences
Beneficiaries	Women of Hosabyrohalli Village, Kengeri Hobli, Bangalore

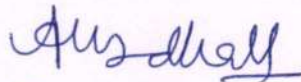
Program Schedule

Date	Time	Program
27-07-2022	11:30 AM	Welcome speech and introduction to the event by Ms. Disha
	11:45 AM- 1.00 PM	Awareness about healthy cooking practices by Ms. Sushmitha, Ms. Mamtha, Ms. Chandrika, Ms. Keerthana, Ms. Parinitha, Ms. Yashaswini Ms. Ramla

Program summary

The program was held on 27th July, 2022 and focused on "Healthy Cooking Practices" for village women. The students of M.Sc. 2nd year Clinical Nutrition and Dietetics and Food and Nutrition gave subjective and theoretical knowledge to the women about the topic. They explained various cooking techniques such as pressure cooking, roasting, blanching, poaching, soaking and sprouting, grilling, baking, steaming, boiling, and fermentation. The program started with an introduction to the topic and included practical demonstrations by the students. The women were questioned about their current cooking practices and the students explained the advantages and disadvantages of different cooking techniques. The program was successful in raising awareness and educating the community about the importance of healthy cooking practices. The program received positive feedback from the women, and it was especially helpful that the session was conducted in the local language for better understanding. Overall, the community awareness program was a success in providing valuable information and promoting healthy cooking practices.




 Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

Community Awareness Programme on Healthy Cooking Practices

Photo gallery: Students creating awareness on healthy cooking practices



Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Nutrition Counselling Community Outreach Program



The poster features a background of fresh vegetables including a red bell pepper, an onion, and a tomato on a wooden surface. At the top, the Padmashree Institute of Management and Sciences logo is displayed, including the text 'Affiliated to Bangalore University, Approved by AICTE, UGC, MHRD & NAAC - New Delhi, Govt of India'. The main title 'NUTRITION COUNSELLING' is written in large, bold, black letters. Below it, the tagline '“Creating awareness on healthy living”' is written in a similar font. Two green boxes contain text: the left one lists 'DIABETES', 'HYPERTENSION', 'ANAEMIA', 'OBESITY', and 'MALNUTRITION'; the right one contains the quote '“LET FOOD BE THY MEDICINE AND MEDICINE BE THY FOOD”'. At the bottom, a white box provides the event details: 'VENUE: SCIENCE BLOCK - SEMINAR HALL', 'On 29-07-2022', and 'TIMING- 3:00PM- 4:00 PM'.

PADMASHREE
INSTITUTE OF MANAGEMENT AND SCIENCES
Affiliated to Bangalore University, Approved by AICTE, UGC, MHRD & NAAC - New Delhi, Govt of India

**NUTRITION
COUNSELLING**

**“Creating awareness on
healthy living”**

**DIABETES
HYPERTENSION
ANAEMIA
OBESITY
MALNUTRITION**

**“LET FOOD BE
THY MEDICINE
AND MEDICINE
BE THY FOOD”**

**VENUE: SCIENCE BLOCK -
SEMINAR HALL**

On 29-07-2022

TIMING- 3:00PM- 4:00 PM

Photo gallery: Students counselling and providing nutrition education to staff and other people of the local community



Anuradha

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Nutrition Counselling Community Outreach Program

Organized by Padmashree Institute of Management and sciences

Event	Extension program
Date	29-07-2022
No. of Participants	M.Sc. CND (Clinical Nutrition and Dietetics) and M.Sc. F&N (Food and Nutrition) – 45 students
Beneficiary	Women of Hosabyrohalli, Staff of Padmashree group of Institution
Place of Extension program	Seminor hall, Padmashree Institute of Management and Sciences

Program Summary

The nutritional counselling community outreach program was organized by the M.Sc. CND and F&N students along with the faculty members of Padmashree Institute of Management and Sciences on 29-07-2022. The program aimed to provide nutritional counselling to the staff members of the campus and women from Hosabyrohalli village who were facing health issues like hypertension, diabetes, overweight and obesity, thyroid, dyslipidemia, cardiovascular diseases, and gastrointestinal tract disorders. The health issues were analyzed based on various tools and assessments like screening tool, nutritional assessment tool, height and weight measurement, BMI estimation, and fat accumulation measurement using skin-fold thickness tool. The students provided nutritional counselling based on the assessment to the faculty members, which was helpful in keeping track of their health. The program was a good opportunity for the students to collaborate and serve the community in maintaining good health. The program maintained basic etiquette during and after the counselling.

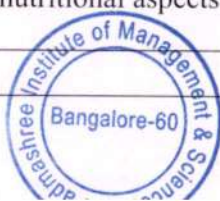


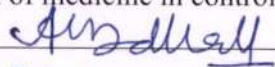
Anuradha

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

**LIST OF STUDENT'S PROJECTS BASED ON NUTRITION AND
NUTRACEUTICALS- 2021-2022**

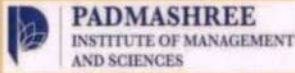
B.Sc. Clinical Nutrition and Dietetics: 6th semester
Nutraceutical products Available in market
Survey to check whether nutritional requirements of college students are met or not
Survey on dietary habits among college students
RB bites for paediatrics and geriatrics
Nutritional supplements during breast feeding
Food product development by using seed cycle method for PCOD
Survey on dietary and sleeping habits of IT professionals
Survey on Iron Deficiency Anaemia in adolescent Girls
B.Voc. Food processing and Nutraceuticals II Semester
Effect of soaking and germination on antinutritional factors in bajra millet
Development of fortified Wood Apple Muffin
Preparing fruit juice with high fibre content
M.Sc. Microbiology IV semester
Non-alcoholic probiotic beverage
M.Sc. Biotechnology IV semester
Comparative analysis of the effect of Guduchi and Rosuatin as oxidative stress reducing drugs in <i>Drosophila Melanogaster</i>
M.Sc. Clinical Nutrition and Dietetics IV semester
Malnutrition during hospital stay in cancer
Assessment of protein intake in urban areas of Bangalore
Nutritional assessment among undergraduate students studying in PGI
Consumption pattern of prebiotics and probiotics and development of study materials
Nutritional assessment in specially challenged children and adolescents
An observational study of stress management induced lifestyle and dietary habits among college students
M.Sc. Food and Nutrition IV semester
Study on nutritional knowledge of urban mothers
Bioprospecting of herbal industrial <i>Garcinia Cambogia</i> spent for proximate principles, total phenolic content, total flavonoids contents, antioxidant activity and product development
Evaluating doctors' nutritional knowledge and assessing their nutritional status
Development of nutraceutical enriched food product by using processed technologies of Proso millet
To study the dietary pattern and nutritional aspects in Ayush system of medicine in control of non-communicable diseases




Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

THE NUTRACEUTICAL WORLD

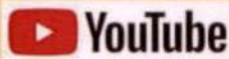
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**WEBINAR SERIES
FROM INDUSTRY EXPERT**

01 ST - 08 TH FEB 2021

**A virtual tour of
Nutraceutical Industry**

Speakers



Dr. Priya Rao
Managing Director,
Pelican Thermogenics Pvt Ltd,
Kerala



Dr. Prapulla SG
Rtd. Chief Scientist & Head
CFTRI, Mysore



Dr. Ravi Shankar
Professor, DSU, Bengaluru
Ex. Principal Scientist, CFTRI



Dr. Vasanth S
Co-founder & Director - BioMylz
Pvt. Ltd.



Dr. Anuradha M
Principal, PIMS, Bengaluru

website: www.pims.org.in

THE NUTRACEUTICAL WORLD

Day 2: 02-02-2021

Organised by
PADMASHREE
INSTITUTE OF MANAGEMENT
AND SCIENCES

Under aegis of
BiSEP
K-tech

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YouTube



**WEBINAR SERIES
FROM INDUSTRY EXPERT**
01 ST - 08 TH FEB 2021

A virtual tour of
Nutraceutical Industry

Speakers

Nutraceutical industries worldwide: A brief outline
Mr. Velumurugan S
SVP- Technical Affairs
Biogenero labs Pvt. Ltd., Bengaluru

An Introduction to the Nutraaceutical World : Part 2
Dr. Anuradha M
Principal, PIMS, Bengaluru

website: www.pims.org.in

THE NUTRACEUTICAL WORLD

Day 3: 03-02-2021

Organised by
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INSTITUTE OF MANAGEMENT
AND SCIENCES

Under aegis of
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K-tech

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**WEBINAR SERIES
FROM INDUSTRY EXPERT**
01 ST - 08 TH FEB 2021

A virtual tour of
Nutraceutical Industry

Speakers

Nutraceutical / Herbal Industry : Global regulation and Prospective Opportunities
Dr. H N Shivaprasad
Director- Technical and Marketing
Prakruti Products Pvt. Ltd., Bengaluru

An overview of Phytonutraaceuticals
Dr. Anuradha M
Principal, PIMS, Bengaluru

website: www.pims.org.in

THE NUTRACEUTICAL WORLD

Day 6: 06-02-2021

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**WEBINAR SERIES
FROM INDUSTRY EXPERT**
01 ST - 08 TH FEB 2021

A virtual tour of
Nutraceutical Industry

Speakers

Pro and Prebiotics in human health :current scenario and futureperspectives
Dr. (Mrs)Prapulla SG
Chief Scientist (Rt), Former Head,
Dept of Microbiology and Fermentation Technology ,
CFTRI, Mysore

Nutraceuticals from Animal origin : continuation
Dr. Priya Rao
Managing Director,
Pelican Thermogenics Pvt Ltd., Kerala

website: www.pims.org.in

THE NUTRACEUTICAL WORLD

Day 8: 08-02-2021

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**WEBINAR SERIES
FROM INDUSTRY EXPERT**
01 ST - 08 TH FEB 2021

A virtual tour of
Nutraceutical Industry

Speakers

Nutraceuticals from Algal source
Dr. Ravi Shankar
Professor, DSU, Bengaluru
Ex. Principal Scientist, CFTRI

Nutraceutical Potential To Foster Well Being
Dr. Vasanth S
Co-founder & Director - BioMylz
Pvt. Ltd.

website: www.pims.org.in

THE NUTRACEUTICAL WORLD

Valedictory Function

09-02-2021@ 6.00 pm

Guests of honour

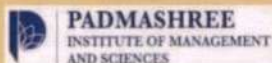


Shri. T.K. Narayanappa
Managing Trustee, PGI



Mr. Satish
Chairman, PGI

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Invocation song
Glimpses of webinar series
Vedio of Posters
Presidential remarks
Prize announcements
Vote of thanks

WEBINAR SERIES

01 ST - 09 TH FEB 2021
website: www.pims.org.in

Speakers A virtual tour of Nutraceutical Industry



Dr. H N Shivaprasad
Director- Technical and Marketing
Prakruti Products Pvt. Ltd., Bengaluru



Dr. Priya Rao
Managing Director,
Pelican Thermogenics Pvt Ltd, Kerala



Dr. Prapulla SG
Chief Scientist (Rt), Former Head,
Dept of Microbiology and
Fermentation Technology CFTRI, Mysore



Dr. Ravi Shankar
Professor, DSU, Bengaluru
Ex. Principal Scientist, CFTRI



Mr. Velumurugan S
SVP- Technical Affairs
Biogenero labs Pvt. Ltd., Bengaluru



Ms. Priya M K
Sr Vice President,
Katra Phytochem, Bengaluru



Dr. Vasanth S
Co-founder & Director
BioMylz Pvt. Ltd., Bengaluru



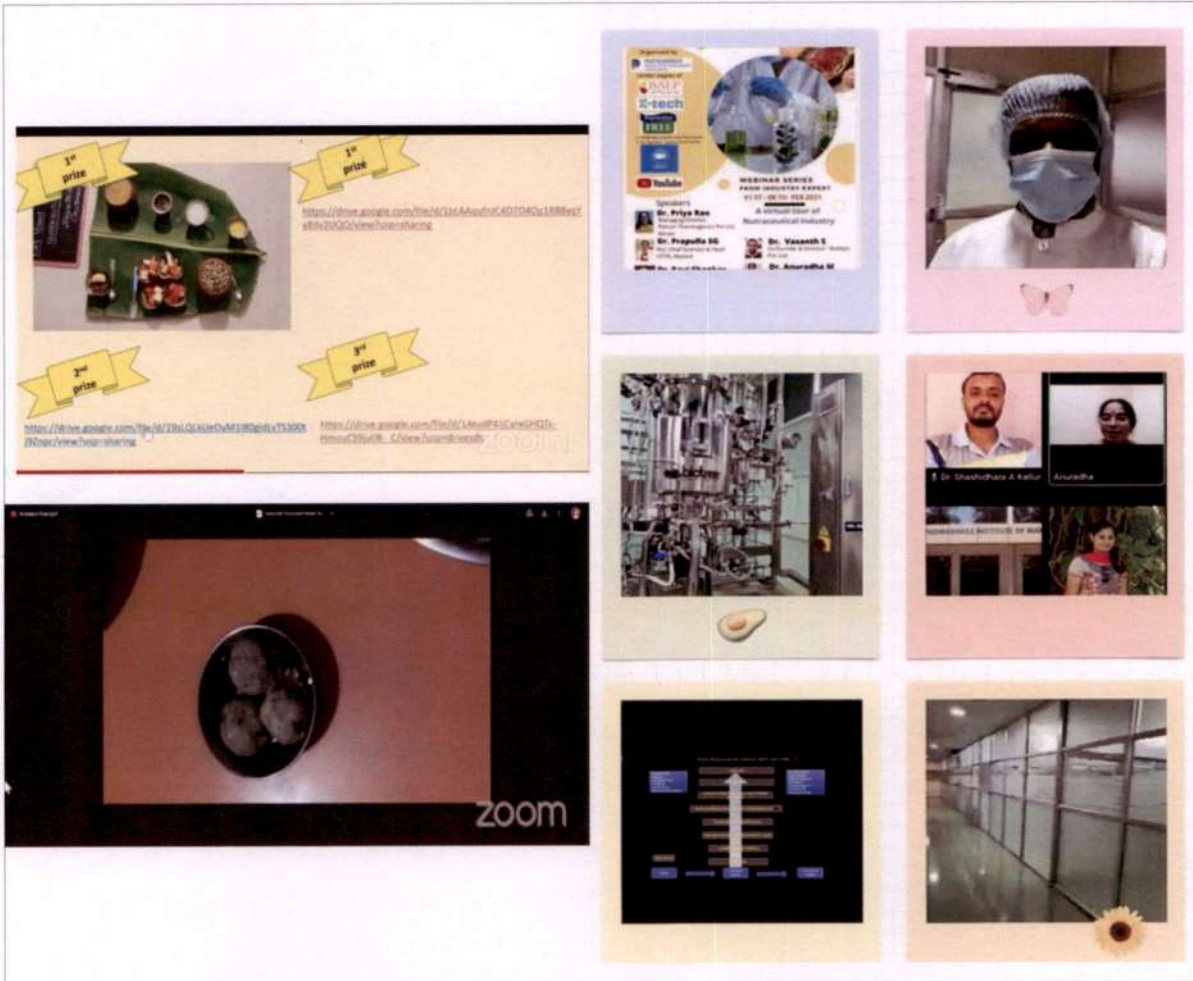
Dr. Anuradha M
Principal, BiSEP Co-Ordinator,
PIMS, Bengaluru

Dr. Irfan Shrieff
Chief Scientific Officer,
Triphase Pharmaceuticals Pvt.Ltd.,
Mysore

Our special thanks to
Mr. Aravind Ganessin
Managing Director
Dextrose Technologies Pvt.Ltd.,
Bengaluru

Dr. M.R. Raghunath
Principal Scientist.(Rtd.), ICAR-
CIFA, Regional reseach Centre,
Hesaraghatta, Bengaluru

Photo Gallery: Screenshots of the webinar



Anuradha

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

WEBINAR SERIES: THE NUTRACEUTICAL WORLD

Under the aegies of BiSEP & K-tech.

Organized by Padmashree Institute of Management and Sciences, Bangalore

Webinar	
Date	01-02-2021 to 09-02-2021
Speakers	Mr. Velumurugan, Vice President, Biogeno Labs Pvt. Ltd. Dr. Anuradha M., Principal. PIMS Dr. H.N. Shivaprasad, M., Managing Director, Manipal Natural Pvt Ltd. Dr. Priya Rao, Managing Director, Pelican Thermogenics Pvt. Ltd MS. Priya M. K. Sr. Vice President, Katra Phytochem Dr. Prapulla S. G., Retd. Chief Scientist & Head, CFTRI Dr. Ravi Shankar G., Prof. Dayanand Sagar University, Bangalore. Dr. Vasanth S., Director, BioMylz Pvt. Ltd.
Event	Entrepreneurship programs
Online Platform	ZOOM & YouTube live stream https://youtu.be/DoZJG-u-jVg , https://youtu.be/fJt18J9gKJw , https://youtu.be/U6wYy6lap3Q , https://youtu.be/oOh2wAoXg-0 , https://youtu.be/OA3_1fbf4Yo , https://youtu.be/aM5sQPofFs0g

Program Schedule

Date	Topic	Speakers
01/02/2021	Introduction	
02/02/2021	Nutraceutical industries worldwide: A brief outline	Mr. Velumurugan
	An introduction to the nutraceutical world	Dr. Anuradha M.
03/02/2021	Nutraceutical/ Herbal industry: Global regulation and prospective opportunities	Dr. H N Shivaprasad
	An overview of phytonutraceuticals	Dr. Anuradha M.
04/02/2021	Nutraceuticals from animal origin	Dr. Priya Rao
	An overview of phytonutraceuticals: Part 2	Dr. Anuradha M.
05/02/2021	Nutraceuticals from animal origin: Part 2	Dr. Priya Rao
	Wellness and nutraceuticals	Ms. Priya M.K.
06/02/2021	Pro & prebiotics in human health: current scenario and future prospects	Dr. Prapulla S. G.
	Nutraceuticals from animal origin: Part 3	Dr. Priya Rao
08/02/2021	Nutraceuticals from algal source	Dr. Ravi Shankar G.
	Nutraceutical potential to foster well being	Dr. Vasanth K.
09/02/2021	Valedictory function	

Resource person/s

	<p>Name: Mr. Velmurugan Shanmugham Designation: Vice President, Affiliation: Biogenero Labs Pvt. Ltd. Phone No. 9972891187 E-mail address: astvel@gmail.com</p>
	<p>Name: Dr. Anuradha M. Designation: Principal, Affiliation: Padmashree Institute of Management and Sciences Phone No: 9902863900 Email Address: pimsprincipal@gmail.com</p>
	<p>Name: Dr. H.N. Shivaprasad, M. Designation: Managing Director, Affiliation: Manipal Natural Pvt Ltd., Karnataka Phone No : 8971489704 Email Address: shivaguru100@gmail.com</p>
	<p>Name: Dr. Priya Rao Designation: Managing Director, Affiliation: Pelican Thermogenics Pvt. Ltd. Phone No: 09495965542 Email address: priyarao@pelicanbiotech.com</p>
	<p>Name: Ms. Priya M. K. Designation: Sr. Vice President, Affiliation: Katra Phytochem. Phone No: 9844593322 Email address: priya@katraphyto.com</p>
	<p>Name: Dr. Prapulla S. G., Designation: Retd. Chief Scientist & Head, Affiliation: Central Food Technological Research Institute, Mysore Phone No: 9448600050 Email address: prapullasg@yahoo.co.in</p>



Name: **Dr. Ravi Shankar G.**
Designation: Professor,
Affiliation: Dayanand Sagar University, Bangalore.
Phone No: 9448086775
Email. Address: rgokare@yahoo.co.in



Name: **Dr. Vasanth S.**
Designation: Director,
Affiliation: BioMylz Pvt. Ltd, Karnataka
Phone no : 9686204660
Email address : vasanthsamaga@gmail.com

Program Summary

The program scheduled from 01/02/2021 to 09/02/2021 was focused on the nutraceutical industry and provided in-depth knowledge about nutraceuticals and entrepreneurship development opportunities in the field. First two days, the program began with an introduction to the nutraceutical world by Dr. Saradha Devi and Dr. Anuradha M. Then, Dr. H N Shivaprasad discussed the global regulation and prospective opportunities in the nutraceutical/herbal industry. During the following days, various speakers discussed different topics related to nutraceuticals, such as nutraceuticals from animal and algal sources, phytonutraceuticals, wellness, pro and prebiotics, and their potential to foster well-being. The program ended with a valedictory function, where students got a comprehensive understanding of the nutraceutical industry and the various entrepreneurship opportunities available.

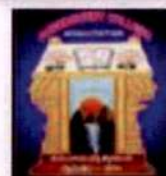


Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

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FROM 26TH - 30TH MARCH 2022
@ 09:30AM - 04:30PM
NATIONAL SEMINAR


THE NUTRACEUTICAL WORLD

BLENDED MODE

A Unique Program Meticulously Designed with Online and Offline Lecture series, Practical sessions, Competitions and Virtual Industry Visits Organized by Padmashree Institute of Management and Sciences & Department of Botany, Govt. College (A), Anantapur, NAAC 'A' grade.

Inaugural Address
DR ASHWATHNARAYAN CN

Hon'ble Former Deputy Chief Minister,

 Minister of Higher Education, Electronics Information & Biotechnology,
 Science & Technology, Skill Development, Entrepreneurship and Livelihood of Karnataka

Eminent Speakers
DR ANURADHA M

 Principal, PIMS,
 Bengaluru

DR H N SHIVAPRASAD

 MD, Manipal Natural Pvt Ltd.,
 Bengaluru

DR DEVRAJ REDDY

 Technical Director,
 Prakruthi Pvt Ltd., Bengaluru

DR USHA RAVINDRA

 Professor,
 GKVK, Bengaluru

DR BHAVANA S BHASKAR

 Renal Nutritionist, Dept. of Nephrology
 St. John's Medical College Hospital, Bengaluru

MR VELMURUGAN S

 SVP-Technical Affairs,
 Biogenero Labs Pvt. Ltd., Bengaluru

DR NAGAVENI

 Associate Professor, PIMS,
 Bengaluru

MS SHRILAKSHMI

 CEO - Co Founder,
 Triphase pharmaceuticals Pvt. Ltd.

DR SRINIVAS BV

 Director and CEO,
 Aspartica Pvt Ltd., Bengaluru

DR MURUGANANTHAM N

 Founder,
 MHRI, Bengaluru

DR RAGHUNATH M

 Retd Principal Scientist,
 CIFA, ICAR, Bengaluru

DR S BALASUBRAMANYA

 Senior Consultant,
 K-Tech, Bengaluru

DR U V BABU

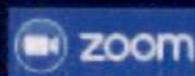
 Head - Phytochemistry R & D
 The Himalaya drug company, Bengaluru

DR SUHAS YS

 Head - Laboratory Animals and
 Preclinical Research Services,
 Vaarunya Bio Labs Pvt. Ltd., Bengaluru

 Register here
 for Seminar

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 for Poster presentation

 Register here
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WEBSITE: WWW.PIMS.ORG.IN

NATIONAL SEMINAR ON “THE NUTRACEUTICAL WORLD”

Organized By Padmashree Institute of Management and Sciences, Bangalore


Sponsored By

Karnataka State Technology Association (KSTA)

Date	26.03.2022 to 30.03.2022
No of participants	150 students
Online Platform	Zoom And YouTube Live Stream https://youtu.be/9BlttD7u8LY

Nutraceuticals offer entrepreneurship opportunities for individuals interested in starting a business in the health and wellness industry. With an increasing demand for natural and organic products, nutraceuticals offer a vast market for entrepreneurs to explore. Starting a business in the nutraceutical industry can involve producing or distributing dietary supplements, functional foods, or natural health products. Entrepreneurs can focus on specific areas such as developing new products, improving quality control, or creating effective marketing strategies to reach customers. However, it's important for entrepreneurs to be knowledgeable about regulations and quality standards in the industry to ensure the safety and efficacy of their products. By understanding the opportunities and challenges in the nutraceutical industry, entrepreneurs can build a successful enterprise in this field.

Resource person/s

	Name: Dr. Anuradha M. Designation: Principal, Affiliation Padmashree Institute of Management and sciences Phone no: 9902863900 Email address: pimsprincipal@gmail.com
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Name: **Dr. H.N. Shiva Prasad**
Designation: Managing Director,
Affiliation: Manipal Natural Pvt Ltd,
Phone no: 8971489704
Email Address; shivaguru100@gmail.com



Name: **Mr. Srinivas B.V.**
Designation: CEO, Director of Someys Kitchen
Affiliation; Aspartica Pvt. Ltd.
Phone No: 9538730365
Email address: Srinivasan.v.bandlmori@gmail.com



Name: **Mr. Sheriff**
Designation: Chief Scientific officer
Affiliation: Triphase Pharma Private Limited.
Phone No: 9845881086
Email Id: isharieff@triphasepharma.com



Name: **Dr. Nagamani J.E.**
Designation: Associate Professor,
Affiliation: Padmashree Institute of Management and sciences
Phone no; 995994058
Email address: nagamanije2019@gmail.com



Name: **Dr. Srilakshmi**
Designation: Founder,
Affiliation: Triphase Pharma Pvt Ltd,
Phone no: 9845973019
Email address: sdesiraju@yahoo.ca



Name: **Dr. Devaraj Reddy**
 Designation: Director Technical Operations
 Affiliation: Prakruti Products Limited.
 Phone no : 9880309893
 Email address : dvrchemi@gmail.com



Name: **Dr. Bhavana S.**
 Designation: Renal Nutritionist,
 Affiliation: St John's Medical College Hospital, Bangalore
 Phone no: 9448023748
 Email Address: reach2bhavana.bb@gmail.com



Name: **Mr. Velmurugan Shanmugham**
 Designation: Vice President,
 Affiliation: Biogenero Labs Pvt. Ltd.
 Phone No. 9972891187
 E-mail address : astvel@gmail.com

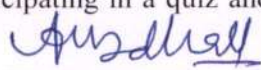


Name: **Dr. Usha Ravindra**
 Designation: Professor,
 Affiliation: University of Agricultural Sciences, GKVK,
 Bangalore
 Phone No. 9480315345
 Email address : drusha227@gmail.com

Program Summary

The "Nutraceutical World" seminar was organized by Padmashree Institute of Management and Sciences, Bangalore from 26-03-2022 to 30-03-2022. The seminar was sponsored by the Karnataka State Technology Association (KSTA) and aimed at promoting entrepreneurship development in the field of nutraceuticals. The seminar brought together experts, researchers, and industrialists to share their knowledge on the latest advancements in nutraceuticals, quality assurance, and control. A total of 150 students participated in various activities like preparing nutritious food, hosting a food fest, and participating in a quiz and essay writing competition related to food and nutrition.




Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences



 **PADMASHREE**
INSTITUTE OF MANAGEMENT
AND SCIENCES

 **75**
Azadi Ka
Amrit Mahotsav

Invitation
All are cordially Invited For
Food Fest
By Students of Padmashree
Healthy Cuisines From Different States

ON 30TH MARCH 2022 @ 11.00 AM
See you there
Venue: Science Block, Basement Hall

 **Register here**
for Food fest

WEBSITE: WWW.PIMS.ORG.IN

Photo gallery



Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Anuradha
Dr. Anuradha: M
Principal
Padmashree Institute of
Management & Sciences



Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences